



# The American Legion Department of Maine

5 Verti Drive, Winslow, ME 04901-0727

Tel: (207) 873-3229 Fax: (207) 872-0501

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Website: [www.mainelegion.org](http://www.mainelegion.org)

Facebook: [www.facebook.com/maineamericanlegion](https://www.facebook.com/maineamericanlegion)



April 5, 2017

☺ SMILE ☺

**Once you choose hope, anything is possible.**

Congratulations to the following posts for reaching 100%

**Brunswick Post 20     Gray Post 86**

## Joint Testimonial

American Legion Department Commander - Peter Johnson

American Legion Auxiliary President - Veronica Gurney

Sons of American Legion Commander - Ron Marr

April 29, 2017

Social Hour 5 p.m. - 6 p.m.

Dinner - 6 p.m.

Program to follow

Cash bar available in banquet hall

Fitzgerald-Cummings Post 2 - Augusta

American Legion Family

294 Capital St., Augusta

## MENU

Appetizers: Fresh Vegetables, Cheeses, Pepperoni, Crackers and Dips

Choice of Boneless Roast Turkey w/stuffing or Baked Stuffed Haddock

Green Beans Almondine

Mashed Potatoes and Gravy

Dinner Rolls

Cranberry Sauce

Coffee, Tea, Water

Strawberry Shortcake with Whipped Cream

**Gluten Free meal option available.** Stuffed haddock stuffing and turkey stuffing will be gluten free.

Strawberry shortcake biscuits will be gluten free. Gluten free rolls for the gluten free dinners. Gluten free meals will be served baked potato.

**Deadline for reservations: April 15, 2017.**

For your pleasure, Fitzgerald-Cummings Post 2 Legion Family cordially invites those attending the testimonial, to join in the Canteen after dinner for entertainment - no cover charge. A ticket will be issued to attendees upon arrival for the testimonial.

**\$15.00 per person.** Checks payable to: ALA Unit 2. Please write the number of turkey or haddock dinners on check, or enclose a note with the check. Write your name on the note.

Gluten Free Option – Please state “GF” on check or enclose note with your name.

All tickets to be picked up at the door.

**Mail to:** Joyce Thurlow, Secretary, ALA Unit 2, 1 Meadowrue Dr., Augusta, ME 04330.

Name: \_\_\_\_\_

# of Turkey \_\_\_\_\_ # of Haddock \_\_\_\_\_

# of Gluten Free \_\_\_\_\_

**From The Adjutants Desk**

We are currently working on the plaque that will hang in the training building (History and Professional Development Building) that will list all those who have donated funds for the purchase of the new tables & chairs.

Before the plaque is completed, we have 1 more table that can be purchased. The price for the table is \$200.00

You may purchase it as an” Individual” or “In Memory of”. Please call the office @ 873-3229 and ask for Rachael. She will help you to fill out the needed information.

**DEPARTMENT TRAINING**

We have set a date for the new Department Leadership Training at Dept. HQ for the 20<sup>th</sup> & 21<sup>st</sup> of May. It is a 2 day course which will be taught by 2 of our latest Legion College Graduates. You will be exposed to the latest information that The American Legion has to offer. The Instructors are what many of you have been asking for. They have the current skills and are knowledgeable about new trends in membership, new technology that can be used, and most of all they are very passionate about making a difference in our organization. The class will be limited to 36 applicants.

You will receive a Department of Maine certificate as well as a State Hat pin acknowledging your completion of the Leadership Course #1. There will be other modules to follow with different sections which will lead you up to Leadership-#2 and continuing to other modules. If you are interested in a learning process that will make a difference in The American Legion, please send an email to [paul@mainelegion.org](mailto:paul@mainelegion.org) with your full name, phone number, and current position whether at the Department, District or Post level. Any questions, you may call 873-3229. There will be more information to follow!

20,000 veterans in Maine are using the VA's My HealtheVet healthcare portal. **\*Get started now.**

Over half the veterans receiving care at the VA in Maine are using a computer website called MyHealtheVet to access their records, check appointments, order prescriptions, and contact their healthcare team.

"More and more, when I meet a veteran," says the Maine's system coordinator Mike L'Abbe, they are already using My HealtheVet to do any number of things.

"I do get a lot of calls, though, from Vets who may want to know where we have placed a certain feature," he says. Mike, a Navy Veteran, is more than happy to give tours of the site by phone or in person at one of the VA's Maine locations. He can also help veterans who are having problems with logging in or navigating any other part of the site.

For veterans who registered as users long ago, there is an array of features that have been added or streamlined. "Obviously, the big ones are prescription refill and secure messaging, but the e-mail notifications before an appointment or when a prescription ships are the new favorites. Veterans have to turn those reminders on, but it is very easy in their profile section.

To get registered, veterans should visit [www.myhealth.va.gov](http://www.myhealth.va.gov). To use all the advance features a vet must show a picture identification card once to be authenticated at any VA Maine primary care office.

Legion Posts who would like to schedule a visit with Mike on a meeting night, can call him at (207) 512-6983 or email him at [Michael.labbe@va.gov](mailto:Michael.labbe@va.gov). He can do a short presentation or just plug in his computer to help veterans.

There is also a national helpdesk open 8 a.m. to 8 p.m., Monday thru Friday. Call 877-327-0022.

Michael J. L'Abbe, MPP, VA Maine, Veteran On-line Experience Coordinator, Secure Messaging Administrator, My HealtheVet Coordinator, (207) 512-6983

### **Healing Through Horses**

There is still funding available, for approximately two veterans, to attend our programs here at Healing Through Horses. We are also beginning our free veterans program on April 21st for 8 weeks. If you have any veterans that you feel would benefit from any of our programs, please contact us at (207)926-0314.

Equine-facilitated psychotherapy (EFP) is an interactive process in which a licensed mental health professional, working with equine professional partners and suitable equine(s), address psychotherapy goals set forth by the mental health professional and the client.

Equine-assisted learning (EAL) is an experiential learning approach that promotes the development of life skills for educational, professional, and personal goals through equine-assisted activities.

HTH's Veterans Healing Through Horses' program provides free scholarships to veterans at attend the seasonal eight-week program. It seeks to foster and create relationships between veterans, horses, and with each other. Additionally, it familiarizes and acquaints veterans with the dynamics that only their horses and their personality can create. This relationship reflects how the veterans' internal unexpressed emotions can have an immediate effect on the horse's behavior and encourages the participants to find solutions to problems by learning to rely on their horse as a partner.

### Military Trivia

Blue Star Moms was chartered by the U.S. Congress in what year?

### Kudos

Oxford Hill Chamber Award Winners included South Paris Post 72 Commander Sarah Glynn-Little. Sarah received the Community Service Award.

### District Meetings

**District 13 – Penobscot:** Apr. 2, Hampden Post 213, 2 p.m. mtg. at the VFW Hall.

**District 17 – N. Aroostook:** Apr. 2, Van Buren Post 49, 1 p.m. dinner, mtg. to follow, nominations

**District 3 – Androscoggin:** Apr. 9, Lewiston Post 22, 2 p.m.

**District 12 – Hancock:** Apr. 10, Ellsworth Post 63, 6:30 p.m. dinner, 7:30 p.m. mtg.

**District 2 – Cumberland:** Apr 11, Gray Post 86, 5 p.m., Past Commanders and Past Presidents dinner and nomination of officers Legion Dist. 2 and Aux Dist. 1

**District 9 – Kennebec:** Apr. 12, Richmond Post 132, 7 p.m. Nomination of officers.

**District 14 – Piscataquis:** Apr. 15, Dover-Foxcroft Post 29, 12 p.m. lunch, 1 p.m. mtg., election of officers.

**District 11 – Waldo:** Apr. 23, Unity Post 50, 2 p.m.

**District 5 – Oxford:** Apr. 19, Rumford Post 24, 7 p.m. Installation of officers. Light supper 6 p.m.

**District 8 – Sagadahoc:** Apr. 23, Bath Post 21, 1 p.m.

### Donations

Etna-Carmel Post 107

Monmouth Post 204

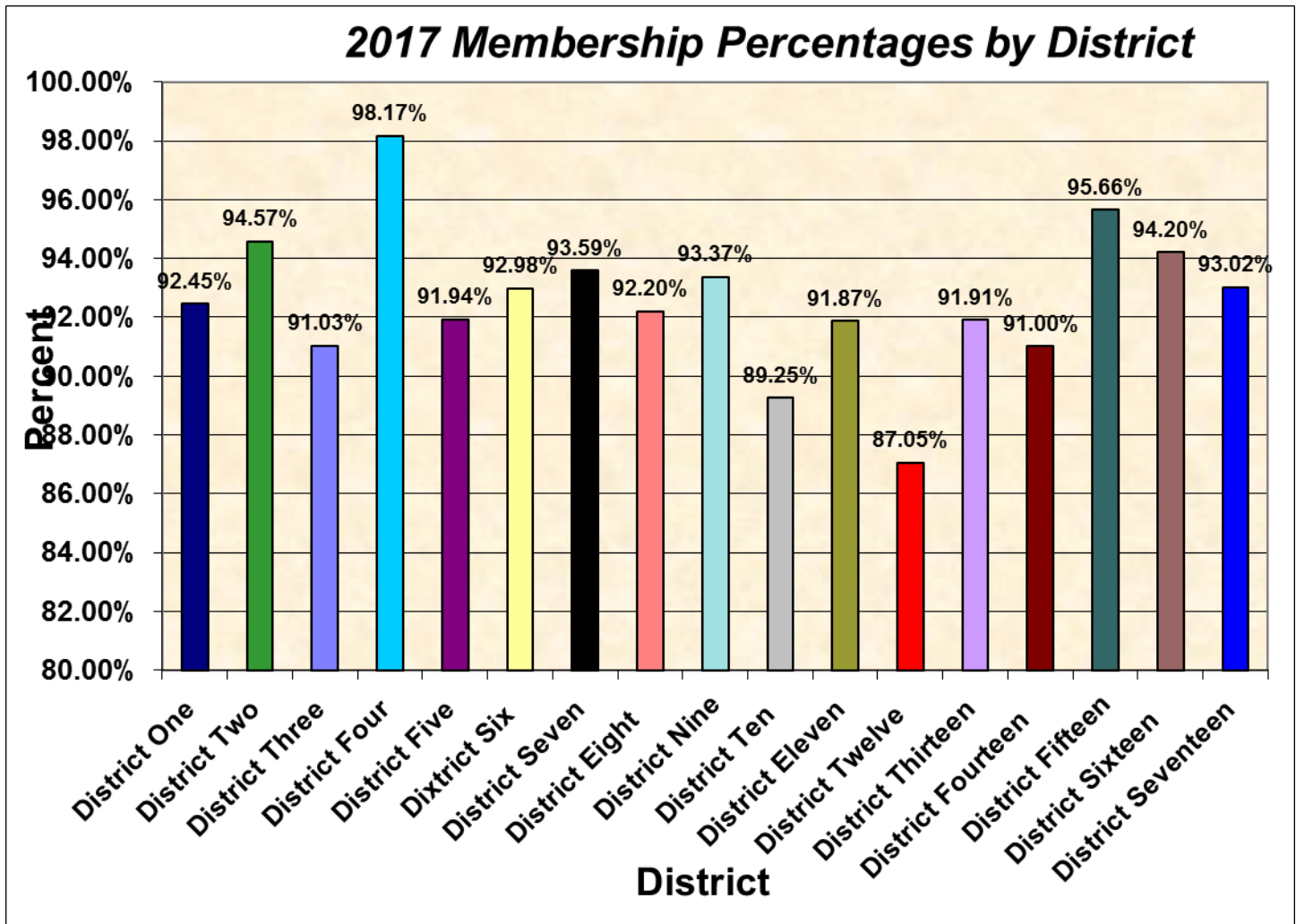
Charles Foss, Dover-Foxcroft Post 29

1 boy to Boys State

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## Membership



## Recurring Events

### Rockland Post 1:

**Sunday Morning Breakfast:** 8 - 10 a.m., all you can eat - \$8

**Karaoke Night:** Every Friday night, 6 - 10 p.m.

### Augusta Post 2:

**Friday Night Karaoke:** Fridays, Augusta Post 2, 6:30 p.m.

**Saturday Night Dance:** Saturdays, Augusta Post 2, 7 p.m., \$7, live bands.

**Gardiner Post 4:**

**3 Card Challenge:** Fridays, Gardiner Post 4 Club Room, 6 p.m.

**Cribbage:** Every Sunday, Gardiner Post 4, 1 p.m.

**Trivia Contest:** Every Friday, Gardiner Post 4, 6:30 p.m.

**Open Jukebox:** Every Thursday, Gardiner Post 4, 5 – 8 p.m.

**Darts:** Steel Tip Dart Tournament every Tuesday night at 7 p.m. starting Nov. 1. \$5 entry fee every week for 14 weeks. Cash prizes at the end. Members & guests welcome.

**Livermore Falls Post 10:**

**Post 10 Suppers:** Third Saturday each month, 4:30 – 6 p.m. \$7 adults, \$4 students under 12. For local delivery please call 897-5676. Join us for a great meal and bring your friends with you for a fun gathering.

**Caribou Post 15:**

**Texas Hold-Em:** First and third Sat.

**Line Dancing:** Every Friday evening.

**Sanford Post 19:**

**Live Music:** Every Friday night. Great bands and lots of fun.

**Winthrop Post 40:**

**Pool League Tournament:** Mondays, 7-10 p.m.

**Cribbage Tournament:** Tuesdays, 6 p.m. Food available at the bar. Anyone can sign-up. \$5 – buy in.

**Free Pool:** Saturdays, anyone can sign up.

**Texas Hold-Em Poker:** Sundays, 2 p.m. \$55 Buy-in.

**York Post 56:**

**Trivia:** Thursdays, 6:30 p.m.

**Fish and Chips:** Fridays, 5 – 7 p.m., fish, regular or sweet potato fries, tartar sauce, coleslaw), \$10

**Norway Post 82:**

**Coffee Hour:** Every Tuesday, Norway Post 82, 9 a.m. Everything is free. Coffee, many different types of donuts, coffee cake, muffins. Any veteran is invited to come by and enjoy the company of other veterans.

**Gray Post 86:**

**ALPS:** Third Monday of each month, Gray Post 86, 6:30 p.m.

**Dixfield Post 100:**

**Public Supper:** Third Saturday of the month, Dixfield Post 100, \$7 adults, Children ½ price, meals vary, FMI call 562-8030.

**Richmond Post 132**

**Reg. Meetings:** 2nd & 4th Tuesdays, 7 p.m.

**Bingo:** Saturdays, 6 p.m.

**Texas Hold-Em:** 3rd Friday, 6:30 p.m.

**Sabattus Post 135:**

**Dart Tournament:** Every other Monday starting Sept. 19, Sabattus Post 135.

**Cribbage Tournament:** Tuesday, Sabattus Post 135.

**Fridays Nights DJ:** Come dance the night away with our new DJ, Sabattus Post 135

**Windham Post 148:**

**Texas Hold-Em Poker:** 1st and 3rd Wednesdays, 6:30 pm. Windham Veterans Association & Post 148 at Dena's Restaurant, next to Windham Post Office - Jct. Rtes. 115 & 302. \$60 buy in.

**Eagle Lake Post 176:**

**Wings Night:** Fridays, Eagle Lake Post 176, 5 – 9 p.m.

**Maine Fallen Heroes Foundation:**

**Gold Star Family Dinners:** Aunt Gin's Restaurant wants to feed Gold Star families from Maine. Dinner will be served by appointment only. Free every weekend all year long. Make your reservation now.

<b>Current Events</b>
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**7<sup>th</sup> Annual York County Regional Job Fair:** Apr. 5, Nason Community Center Gymnasium, 457 Main Street, Springvale, 2 – 6 p.m. The Maine CareerCenter provides a variety of employment and training services at no charge for Maine workers and businesses. [www.mainecareercenter.gov](http://www.mainecareercenter.gov). Speak with Hiring Employers, 90+ in attendance last year! Talk with CareerCenter Consultants and Veteran's Representatives. For assistance, call 1-800-343-0151 • TTY users call Maine Relay 711. Maine Department of Labor provides equal opportunity in employment and programs. Auxiliary aids and services are available to individuals with disabilities upon request.

**The Maine WWI Centennial Commemoration Ceremony Entitled "The Eloquence of Deeds":** Apr. 6, Maine State Cultural Bldg., 230 State St., Augusta, 1 – 1:30 p.m. Presenters at the event include the State Historian and the Adjutant General and will feature Maine perspectives from 1917. Event is free and open to the public. FMI, contact [maine@worldwar1centennial.org](mailto:maine@worldwar1centennial.org) Hosted by the Maine State Museum, Maine National Guard and Maine WWI Centennial Commemoration.

**Texas Hold-Em:** Apr. 7, Winthrop Post 40, 6:30 p.m. \$55 Buy-In.

**Bean Supper & Casseroles:** Apr. 8, Winthrop Unit 40, 4:30 - 6 p.m. Donation \$7

**Houlton Trade Show:** Apr. 8 – 9. Oakfield Post 52 will have a booth at the Trade Show selling \$5 tickets on 70 sheets of OSB 7/16 sheathing and 20 lbs. of lobster and peck of clams as well as Easter eggs and doing a poppy drive at the door. They will be setting up in the afternoon of Apr. 7. Help is needed. FMI, Contact Jim Burton at 532-8238.

**Honoring Past District Commanders and Past Presidents & Vice Presidents:** April 11, Gray Post 86, social hour 5- 6 p.m., Dinner, 6 p.m. Chicken or Prime Rib. Reservation deadline, Apr. 4. Price \$20. Send reservations to Gray Post 86, P.O. Box 428, Gray, Me 04039, Attention Nancy True or call Nancy @ 657-2661. You can also e-mail Nancy @ [dtrue5@maine.rr.com](mailto:dtrue5@maine.rr.com). Make checks payable to Gray Auxiliary Unit 86, please note chicken or prime rib. Following the dinner the district meetings will be held. Come out and show your support. Remember they worked hard to make our Districts what they are today. Let's all come out and recognize them for all their hard work, at Post 86 Gray.

**Texas Hold-Em:** Apr. 14, Winthrop Post 40, 6:30 p.m. \$35 Buy-In.

**Texas Hold'em:** Apr. 15, Locke Mills Post 68, 595 Gore Rd., doors open 11 a.m., games begin at 1 p.m. 50/50, pull tabs, meals & beverages available, BYOB. FMI/ Ray 890-3737

**1st Annual Easter Egg Hunt:** Apr. 15, Mars Hill Post 118, 10:30 a.m. A lunch of hot dogs, hamburgers, chips and drinks to follow. \$5 for the lunch and children under 12 eat for free. Come out and bring the kids and grandkids for a fun time and enjoy the first cookout of the summer.

**Silhouette Project:** Apr. 17, University of Southern Maine, Lewiston campus on Westminster Street, noon. Lewiston Post 22 is sponsoring the Silhouette Project. The Governor and the President of the college with both Mayors will cut the ribbon on the Silhouette Project of 22 life size service members that have committed suicide in remembrance and suicide awareness. The silhouettes, each with a message and picture, will be on display that week to bring this issue to the community's awareness. There will be snacks after the official ceremony. Everyone is welcome to attend or just drop by that week to pay their respects. FMI, [jdewitt@tcmhs.org](mailto:jdewitt@tcmhs.org). If you want to help financially, they are asking \$125 per silhouette, which will be dedicated to a Veteran. All are invited, and please attend this event if you are able.

**Welcome Home Vietnam Veterans Recognition Event:** June 24, Camden Post 30, 12- 3 p.m. **Registration deadline Apr. 24.** Contact Jeff Sukefort at 691-2270 to sign up. Information you will have to provide is: **Name, Rank, Branch of service and whether retired or not.** There will be a free luncheon, guest speakers, and Veteran's outreach information available. All attendees will receive recognition certificates and pins. Vet Expo, Vet Recognition, speakers and food. All Vietnam in country and era Veterans are encouraged to contact the post to be included in this recognition ceremony. You do not have to be an American Legion member to be included nor did you have to serve in country. Sponsored by District 6.

### Condolences

Department Commander Pete Johnson's wife Helena has passed away.

A memorial mass will be conducted 11am Monday, April 10, 2017, at the Union Church, Greenville, with Father Aaron Damboise officiating. Following mass, a reception will be held at the Bartley Family Event Center, 241 Pritham Ave., Greenville. Committal with prayers will be held 12pm Tuesday April 11, 2017, at the Maine Veterans' Memorial Cemetery, 305 Civic Center Drive, Augusta.

Memorial contributions, in lieu of flowers, may be made to the American Legion Post 94, P.O. Box 1222, Greenville, Maine 04441. Arrangements are in the care of the Lary Funeral Home. Messages of condolence and memories may be expressed at [www.laryfuneralhome.com](http://www.laryfuneralhome.com).

Cards may be sent to Peter Johnson, P.O. Box 697, Greenville, Maine 04441.

Point of contact is First Vice Commander Randy Kluj. Please make every effort to contact Randy on your plans to attend. 943-5509 or c 279-0077 or e-mail at [loglodge65@yahoo.com](mailto:loglodge65@yahoo.com).

**Answer to military trivia question:** 1942



<b>Sons of the American Legion Detachment News</b>
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Comrades,

Congratulations to all Squadrons that have reached 100%! Well done. Thanks to all who have made 90%. We need 89 members dues in before we reach the 90% goal. Please, send them in as they arrive.

Any Squadron's that have yet to make donations to our programs, please keep in mind the following, Child Welfare Foundation, Special Olympics Maine, Camp Tall Pines, and the commanders project, TMF, Travis Mills Foundation aka "Common Cents". Checks to be sent to Detachment office and your choice of program written on the memo line.

Consolidated Reports due in next month by May 10th. Get together with your members and get it done and get the credit you deserve for all you do for the Veterans.

Thoughts and prayers for AL Morton, Detachment Sgt at Arms, who was injured on the job. He will be OK, but has a long recovery ahead. Cards can be sent to him at 165 Berry's Mill Rd, West Bath, ME 04530.

Always willing to serve,  
Ron Marr, Detachment Commander  
1779 Hotel Rd Auburn, ME 04210, 701-9675, e-mail: ronaldmarr.rm@gmail.com

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Best Wishes to The Legion family,

Paul L'Heureux  
Department Adjutant

# Deadlines

Resolutions for State Convention	May 1	(Properly signed and dated)
Legionnaire of the Year	May 1	
Humanitarian of the Year	May 1	
Law Officer of the Year	May 1	
Game Warden of the Year	May 1	
Firefighter of the Year	May 1	
EMT of the Year	May 1	
Educator of the Year	May 1	
Past National Commanders' Award	May 1	
History/Newsletter	May 1	

**Please send in these reports by May 1 if you want the awards presented at State Convention.**



Smith-Wiley Post 4  
American Legion  
46 Griffin St.  
Gardiner, ME 04345  
Ph. 207-582-9868 e-mail: swpost4@ne.twcbc.com

Post 4 would like to invite your members to participate in our Memorial Day Parade and Ceremony on the Gardiner Common on May 29, 2017.

The parade will form up behind the Gardiner Armory on Brunswick Avenue at 9 a.m. and will step off at 10 a.m. and march down Brunswick Avenue to the Gardiner Common. There will be a ceremony with speakers and bands on the Common. After the ceremony you are invited back to the Post for a light lunch.

We hope you will be able to join us and help us honor our departed comrades. There is an entry form at the bottom of this page or you can email us your reply at swpost4@ne.twcbc.com.

Thank you for your support in past years.

Sincerely,  
Phil Collins  
Sergeant At Arms, Post 4

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#### ENTRY FORM

Name of Unit:\_\_\_\_\_

Number in Unit:\_\_\_\_\_Walking:\_\_\_\_\_Riding:\_\_\_\_\_

Type of Unit: (Band, Marching, Service Unit, etc.)\_\_\_\_\_

Special Needs:\_\_\_\_\_

Contact Person:\_\_\_\_\_Day Phone:\_\_\_\_\_

Address:\_\_\_\_\_



**DEPARTMENT OF MAINE  
THE AMERICAN LEGION**

**PAST COMMANDERS CLUB**

It is with great pride and pleasure that we the membership of Post # \_\_\_\_\_ submit the names of all of our living Past Commanders for membership to the Past Commanders Club. Along with the names, we have enclosed the annual dues of \$2.00 per member with the understanding that this will continue to provide two (2) \$500.00 scholarships. The recipient must be the son/daughter, grandson/granddaughter of a member of The American Legion.

Membership in the Past Commanders Club goes from January 1 to December 31 of each year.

\_\_\_\_\_  
Post Adjutant

**PLEASE PRINT OR TYPE**

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**SUBMIT TO:**  
**Catherine R. Merrill**  
**427 State Park Rd.**  
**Naples, Maine 04055**

**MAKE CHECKS PAYABLE TO:**  
**AMERICAN LEGION, DEPARTMENT OF MAINE**