



The American Legion Department of Maine

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March 29, 2017

☺ SMILE ☺

The more boundless your vision, the more real you are.

Congratulations to the following posts for reaching 100%

Phippsburg Post 216

Cabin in the Woods

VA Maine Healthcare System and Volunteers of America Northern New England Announce “Cabin in the Woods” as the Name of the New Supportive Veterans Housing

The 21-unit property, located on the Togus VA Medical Center campus of the VA Maine Health Care System, will provide affordable and supportive housing for homeless, at risk of homelessness and disabled Veterans and their families.

AUGUSTA, ME – March 27, 2017 – VA Maine Healthcare System (HCS) and Volunteers of Northern New England (VOANNE) announced that 21 soon to be built cabins - comprised of 16 one-bedrooms and 5 two-bedrooms - of permanent and supportive housing and a community center have been named “Cabin in the Woods;” a formal groundbreaking ceremony is tentatively scheduled for May 19, 2017.

The Cabin in the Woods project is a collaborative partnership between VA and VOANNE, one of the largest and most innovative community development organizations in the Northeast. This project was made possible through VA’s Enhanced-Use Lease (EUL) program, which out-leases underutilized real estate to the private sector to develop supportive housing for homeless, at-risk of homelessness, disabled Veterans and their families.

The EUL development was facilitated by the generous financial support of a variety of public, private and non-profit organizations, including MaineHousing, Bangor Savings Bank, Northern New England Investment Fund, The Home Depot Foundation, and the U.S. Department of Housing and Urban Development.

The 21 cabins will be furnished and a supportive services office, located at the community center cabin, will provide residents with access to medical needs, referrals to services (e.g. mental and physical health assessment/treatment), and linkages to community partnerships designed to maintain self-sufficiency.

“We are extremely excited about beginning to build permanent homes for homeless Veterans and their families. These Veterans and their families have given so much and if we can give them some place to call Home than all of the hard work and years of commitment to this project will be worth it. I am looking forward to seeing their faces and joy as they move in their homes. The partnership with the Department of Veterans Affairs, Maine Housing, Northern New England Housing Investment Fund, Home Depot, T.D. Banknorth, Bangor Savings and the Town of Chelsea has always been an extraordinary adventure with everyone giving 100% to see the vision become a reality,” says June Koegel, CEO, Volunteers of America Northern New England.

VA Maine Health Care System

VA Maine Health Care System (HCS) headquartered in Augusta, Maine is a Joint Commission accredited and currently serves 42,000 Veterans. Full-time community-based outpatient clinics (CBOCs) are located in Bangor, Calais, Caribou, Lewiston, Lincoln, Portland, Rumford and Saco. Part-time clinics are located in Bingham, Fort Kent and Houlton.

VA Maine HCS provides primary care, lab and mental health services at all of the above facilities as well as a wide range of comprehensive ambulatory specialty services and inpatient services at the Togus VA Medical Center.

Volunteers of America Northern New England

Volunteers of America Northern New England (VOANNE), the regional affiliate of the national organization of Volunteers of America, is working to build communities where everyone has an affordable home to use as a springboard to achieve better health, economic security and a brighter future. With a staff of over 250 people, VOANNE meets their objectives in caring for our clients and residents by providing nearly 600 units of affordable housing to individuals in Maine and New Hampshire. VOANNE has been providing supportive services and housing for homeless veterans for nearly a decade. Please find additional information at www.voanne.org

Contact: Jim Doherty, (207) 623-5714, James.Doherty@va.gov

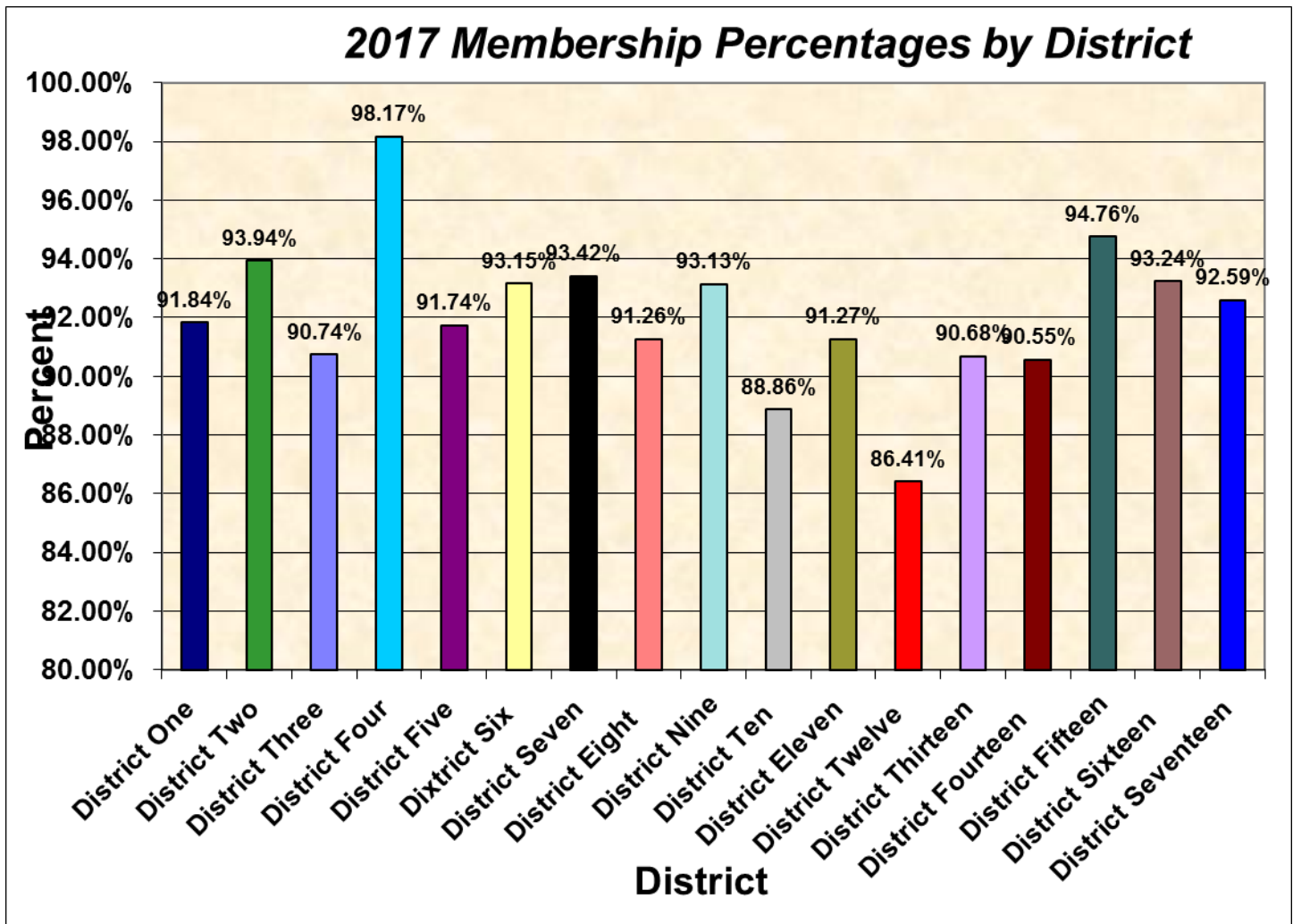
Military Trivia

A ship specially built to serve as a storehouse, prison, etc., and not for sea service is a Hulk, Cog, Galley or Zabra?

Honor Flight Maine

The next Honor Flight Maine is fast approaching. There is still room and we would very much like to fill the plane up. So, if you are a WWII veteran or know of a WWII veteran who would like to make this trip, have them submit an application available on the HFM website (www.honorflightmaine.org). A copy of the application is also attached. Veterans can be reluctant to go because they aren't too mobile or they need assistance of one sort or another. So, it is important to know that EVERY veteran will have a wheel chair and everyone will have a “guardian” with the veteran 24/7. There will be medical personnel on the trip as well. If there are any questions, please contact Laurie Sidelinger honorflightmaine.chairperson@gmail.com, or contact David Patch at 751-5672 or dapatch@roadrunner.com.

Membership



District Meetings

District 13 – Penobscot: Apr. 2, Hampden Post 213, 2 p.m. mtg. at the VFW Hall.

District 17 – N. Aroostook: Apr. 2, Van Buren Post 49, 1 p.m. dinner, mtg. to follow, nominations

District 3 – Androscoggin: Apr. 9, Lewiston Post 22, 2 p.m.

District 12 – Hancock: Apr. 10, Ellsworth Post 63, 6:30 p.m. dinner, 7:30 p.m. mtg.

District 2 – Cumberland: Apr 11, Gray Post 86, 5 p.m., Past Commanders and Past Presidents dinner and nomination of officers Legion Dist. 2 and Aux Dist. 1

District 9 – Kennebec: Apr. 12, Richmond Post 132, 7 p.m. Nomination of officers.

District 14 – Piscataquis: Apr. 15, Dover-Foxcroft Post 29, 12 p.m. lunch, 1 p.m. mtg., election of officers.

District 11 – Waldo: Apr. 23, Unity Post 50, 2 p.m.

District 5 – Oxford: Apr. 19, Rumford Post 24, 7 p.m. Installation of officers. Light supper 6 p.m.

District 8 – Sagadahoc: Apr. 23, Bath Post 21, 1 p.m.

Donations

Kennebunk Post 74
Jesse Pierce

1 boy to Boys State
\$100 – Special Olympics

Recurring Events

Rockland Post 1:

Sunday Morning Breakfast: 8 - 10 a.m., all you can eat - \$8

Karaoke Night: Every Friday night, 6 - 10 p.m.

Augusta Post 2:

Friday Night Karaoke: Fridays, Augusta Post 2, 6:30 p.m.

Saturday Night Dance: Saturdays, Augusta Post 2, 7 p.m., \$7, live bands.

Gardiner Post 4:

3 Card Challenge: Fridays, Gardiner Post 4 Club Room, 6 p.m.

Cribbage: Every Sunday, Gardiner Post 4, 1 p.m.

Trivia Contest: Every Friday, Gardiner Post 4, 6:30 p.m.

Open Jukebox: Every Thursday, Gardiner Post 4, 5 – 8 p.m.

Darts: Steel Tip Dart Tournament every Tuesday night at 7 p.m. starting Nov. 1. \$5 entry fee every week for 14 weeks. Cash prizes at the end. Members & guests welcome.

Livermore Falls Post 10:

Post 10 Suppers: Third Saturday each month, 4:30 – 6 p.m. \$7 adults, \$4 students under 12. For local delivery please call 897-5676. Join us for a great meal and bring your friends with you for a fun gathering.

Caribou Post 15:

Texas Hold-Em: First and third Sat.

Line Dancing: Every Friday evening.

Sanford Post 19:

Live Music: Every Friday night. Great bands and lots of fun.

Winthrop Post 40:

Pool League Tournament: Mondays, 7-10 p.m.

Cribbage Tournament: Tuesdays, 6 p.m. Food available at the bar. Anyone can sign-up. \$5 – buy in.

Free Pool: Saturdays, anyone can sign up.

Texas Hold-Em Poker: Sundays, 2 p.m. \$55 Buy-in.

York Post 56:

Trivia: Thursdays, 6:30 p.m.

Fish and Chips: Fridays, 5 – 7 p.m., fish, regular or sweet potato fries, tartar sauce, coleslaw), \$10

Norway Post 82:

Coffee Hour: Every Tuesday, Norway Post 82, 9 a.m. Everything is free. Coffee, many different types of donuts, coffee cake, muffins. Any veteran is invited to come by and enjoy the company of other veterans.

Gray Post 86:

ALPS: Third Monday of each month, Gray Post 86, 6:30 p.m.

Dixfield Post 100:

Public Supper: Third Saturday of the month, Dixfield Post 100, \$7 adults, Children ½ price, meals vary, FMI call 562-8030.

Richmond Post 132

Reg. Meetings: 2nd & 4th Tuesdays, 7 p.m.

Bingo: Saturdays, 6 p.m.

Texas Hold-Em: 3rd Friday, 6:30 p.m.

Sabattus Post 135:

Dart Tournament: Every other Monday starting Sept. 19, Sabattus Post 135.

Cribbage Tournament: Tuesday, Sabattus Post 135.

Fridays Nights DJ: Come dance the night away with our new DJ, Sabattus Post 135

Windham Post 148:

Texas Hold-Em Poker: 1st and 3rd Wednesdays, 6:30 pm. Windham Veterans Association & Post 148 at Dena's Restaurant, next to Windham Post Office - Jct. Rtes. 115 & 302. \$60 buy in.

Eagle Lake Post 176:

Wings Night: Fridays, Eagle Lake Post 176, 5 – 9 p.m.

Maine Fallen Heroes Foundation:

Gold Star Family Dinners: Aunt Gin's Restaurant wants to feed Gold Star families from Maine. Dinner will be served by appointment only. Free every weekend all year long. Make your reservation now.

Current Events

Unit 155 Turkey Pie Dinner: Apr. 1, Naples Post 155, 26 Casco Rd. Dinner with all the fixings. There will be homemade pies for dessert. Cost \$10 adults, and \$5 for children under 12. For more info, call Marian Merrill @ 207-693-6016.

Beans and Casserole Supper: Apr. 1, Gray Post 86, pies for dessert. Adults \$8, Children under 12 \$4.

Spaghetti Dinner: Apr. 5, Augusta Post 2, 7 Legion Dr., 6 p.m. Cost is \$6/person.

7th Annual York County Regional Job Fair: Apr. 5, Nason Community Center Gymnasium, 457 Main Street, Springvale, 2 – 6 p.m. The Maine CareerCenter provides a variety of employment and training services at no charge for Maine workers and businesses. www.mainecareercenter.gov. Speak with Hiring Employers, 90+ in attendance last year! Talk with CareerCenter Consultants and Veteran's Representatives. For assistance, call 1-800-343-0151 • TTY users call Maine Relay 711. Maine Department of Labor provides equal opportunity in employment and programs. Auxiliary aids and services are available to individuals with disabilities upon request.

Honoring Past District Commanders and Past Presidents & Vice Presidents: April 11, Gray Post 86, social hour 5- 6 p.m., Dinner, 6 p.m. Chicken or Prime Rib. Reservation deadline, Apr. 4. Price \$20. Send reservations to Gray Post 86, P.O. Box 428, Gray, Me 04039, Attention Nancy True or call Nancy @ 657-2661. You can also e-mail Nancy @dtrue5@maine.rr.com. Make checks payable to Gray Auxiliary Unit 86, please note chicken or prime rib. Following the dinner the district meetings will be held. Come out and show your support. Remember they worked hard to make our Districts what they are today. Let's all come out and recognize them for all their hard work, at Post 86 Gray.

Texas Hold'em: Apr. 15, Locke Mills Post 68, 595 Gore Rd., doors open 11 a.m., games begin at 1 p.m. 50/50, pull tabs, meals & beverages available, BYOB. FMI/ Ray 890-3737

1st Annual Easter Egg Hunt: Apr. 15, Mars Hill Post 118, 10:30 a.m. A lunch of hot dogs, hamburgers, chips and drinks to follow. \$5 for the lunch and children under 12 eat for free. Come out and bring the kids and grandkids for a fun time and enjoy the first cookout of the summer.

Silhouette Project: Apr. 17, University of Southern Maine, Lewiston campus on Westminster Street, noon. Lewiston Post 22 is sponsoring the Silhouette Project. The Governor and the President of the college with both Mayors will cut the ribbon on the Silhouette Project of 22 life size service members that have committed suicide in remembrance and suicide awareness. The silhouettes, each with a message and picture, will be on display that week to bring this issue to the community's awareness. There will be snacks after the official ceremony. Everyone is welcome to attend or just drop by that week to pay their respects. FMI, jdewitt@tcmhs.org. If you want to help financially, they are asking \$125 per silhouette, which will be dedicated to a Veteran. All are invited, and please attend this event if you are able.

Welcome Home Vietnam Veterans Recognition Event: June 24, Camden Post 30, 12- 3 p.m. **Registration deadline Apr. 24.** Contact Jeff Sukefort at 691-2270 to sign up. Information you will have to provide is: **Name, Rank, Branch of service and whether retired or not.** There will be a free luncheon, guest speakers, and Veteran's outreach information available. All attendees will receive recognition certificates and pins. Vet Expo, Vet Recognition, speakers and food. All Vietnam in country and era Veterans are encouraged to contact the post to be included in this recognition ceremony. You do not have to be an American Legion member to be included nor did you have to serve in country.

Answer to military trivia question: Hulk

Sons of the American Legion Detachment News
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Comrades,

Elections and Installation of Officers are coming up, if you want any Detachment Officers there please, we need 2-3 weeks notice. We are shorthanded but want to help.

On March 25 I attended at Squadron # 21, Smith -Tobey's Penney Drive, "Common Cents" a fundraiser for the Travis Mills Foundation. They also had a silent auction and a regular auction. The logo for the Foundation was compiled of all the various coins. It was a marvel. They had a huge success! Brandy Cain, spokesperson for the foundation told of the programs purpose.

The TMF, Maine Chance Retreat will offer free lodging, adaptive sports, recreation and spa services for combat injured veteran families to rest, relax and reconnect. Please, to donate to this great program, send checks to Detachment and put Travis Mills Foundation on the memo line. SAL, 5 Verti Drive, Winslow, Me 04901.

Keep sending your dues in. WE NEED 90% BY SUNDAY! Make my birthday great by helping meet our goal. I'm keeping my fingers crossed.

Department Testimonials being held 4/29 at Augusta #2. Hope to see you there.

Also, Squadron donations to the Child Welfare Foundation. Consolidated reports will be due soon. Get together with your members & officers and get credit for all you do. Thank You.

Always willing to serve,
Ron Marr, Detachment Commander
1779 Hotel Rd Auburn, ME 04210, 701-9675 ronaldmarr.rm@gmail.com

Best Wishes to The Legion family,

Paul L'Heureux
Department Adjutant

Veteran Application



Honor Flight Maine recognizes American Veterans for your sacrifices and achievements by having you to Washington DC to see YOUR memorial at no cost. Top priority is given to WWII and terminally ill veterans from all wars, then Korean and Vietnam Veterans. For Honor Flight Maine to achieve this goal, guardians fly with the Veterans on every flight providing assistance and helping Veterans have a safe, memorable and rewarding experience. For what you and your comrades have given to us, please consider this a small token of appreciation from all of us at Honor Flight Maine. For further information, please contact us at 207.370.7210 or visit us at www.honorflightmaine.org.

YOUR NAME: _____ NICK NAME: _____
(First, Middle & Last Name as it appears on your driver's license or government ID.) (If Applicable)

ADDRESS: _____ GENDER ___M___F

CITY: _____ COUNTY: _____ STATE: _____ ZIP: _____

PHONE: Day: _____ Evening: _____ Cell Phone: _____

E-MAIL ADDRESS: _____ AGE: _____ DOB: _____

HOW DID YOU HEAR ABOUT HONOR FLIGHT? _____

_____. T-SHIRT SIZE: (S, M, L, XL, XXL, XXXL) _____

PREFERRED DEPARTING AIRPORT (Circle one or more): Portland Bangor Rockland Presque Isle-Caribou
Bar Harbor Augusta Millinocket Islesboro Other: _____

I do NOT want to fly. Only interested in GROUND transportation to Washington D.C.: YES NO Doesn't Matter

ALTERNATE CONTACT (son, daughter, etc): NAME: _____
PHONE: _____ E-MAIL: _____ RELATIONSHIP: _____

EMERGENCY CONTACT INFORMATION (someone available the day you travel):

Name: _____ Relationship: _____
Address: _____
PHONE: Day: _____ Evening: _____ Mobile: _____

SERVICE HISTORY: BRANCH OF SERVICE: _____ RANK: _____
HOME TOWN (from which city and state did you enter the service?): _____
ACTIVITY DURING WWII, KOREA OR VIETNAM: _____

MEDICAL: INFORMATION PROVIDED WILL NOT DISQUALIFY YOU. IT PERMITS US TO ASSESS THE SUPPORT WE NEED DURING THE TRIP. INFO IS FOR HONOR FLIGHT MAINE AND MEDICAL PERSONNEL ONLY.

Do you use mobility equipment? YES NO. If YES, please circle device: CANE WALKER WHEELCHAIR SCOOTER
MEDICATION TAKEN HOW OFTEN? MEDICATION TAKEN HOW OFTEN?

PLEASE COMPLETE THE SECOND PAGE!

Do you have any **drug allergies**? _____

Do you have a history of **seizure**? YES NO Please describe what type (i.e. grand mal, petit mal, other) _____

When was your last seizure? _____. If within past 5 years, **STRONGLY** advised you discuss trip with your private physician!

Do you have problems with **motion sickness** (sea or air)? YES NO. If yes, is it controlled with medications? YES NO
If motion sickness is not controlled with medications, it is **STRONGLY** advised you discuss the trip with your private physician!

Do you have any **breathing problems**? YES NO. If YES, please describe: _____

Do you use a home nebulizer machine? YES NO. If YES, you are **STRONGLY** encouraged to discuss the trip with your private physician concerning the use of portable hand-held nebulizers during the trip.

Do you use **oxygen** at any time? YES NO. If YES, you will need your private physician to write a prescription for oxygen to be used during the flight and during the tour. Oxygen will be provided. The prescription should be turned in with the application.

Do you have a **problem walking** the length of a football field without assistance? YES NO. If yes, please describe the reason (e.g. lung problems, arthritis, heart problems, etc.): _____

Do you have a history of **open head injuries, sinus problems, or ear problems**? YES NO. If YES, have you flown since the open head injury, sinus or ear problems occurred? YES NO. If YES, did you have any problems? YES NO

If YES, it is **STRONGLY** advised you discuss the trip with your private physician. If you have NEVER flown since the open head injury, sinus or ear problems, again we **STRONGLY** advise you discuss the trip with your private physician.

Do you have a **urostomy or colostomy bag**? YES NO. If YES, please make sure the bag is vented prior to flight. If you do not know if your bag is vented, it is **STRONGLY** advised that you discuss this issue with your private physician.

Additional Comments or Concerns: _____

PLEASE REVIEW CAREFULLY AND SIGN:

The undersigned acknowledges and agrees that:

1. As photographic and video equipment are frequently used to memorialize and document **Honor Flight Maine** trips and events, his/her image may appear in a public forum, such as the media or a website, to acknowledge, promote or advance the work of the **Honor Flight Maine** program. I hereby release the photographer and **Honor Flight Maine** from all claims and liability relating to said photographs. I hereby give permission for my images captured during **Honor Flight Maine** activities through video, photo, or other media, to be used solely for the purposes of **Honor Flight Maine** promotional material and publications, and waive any rights or compensation or ownership thereto.

2. I further state that medical insurance is the responsibility of the veteran and I understand that neither Honor Flight Maine nor the provider of free private aircraft ("Flight Provider") provides medical care. I understand that I accept all risks associated with travel and other Honor Flight Maine activities and will not hold Honor Flight Maine, the Flight Provider, or any person appearing or quoted in any advertisement or public service announcement for or on behalf of Honor Flight Maine responsible for any injuries incurred by me while participating in the Honor Flight Maine program.

SIGNED: _____

DATE: ____/____/____ (E-mail applicants will be required to sign prior to actual flight date)

Please submit this form to:

Honor Flight Maine
ATTN: Veteran Application
PO Box 1770
Portland, Maine 04101-1770

You can also scan and email your application to MaineHonorFlight@Gmail.com

ONLINE applications are also accepted at our website: www.HonorFlightMaine.org



DISTRICT OFFICERS 20 ____ - 20 ____

DEPARTMENT OF MAINE, THE AMERICAN LEGION

ELECTED DATE: ____/____/____ DISTRICT No. ____

PLEASE TYPE OR PRINT
COMMANDER

NAME		MAILING ADDRESS		TOWN	ST	ZIP
ID NUMBER	HOME PHONE	CELL PHONE	E-MAIL ADDRESS			

ADJUTANT

NAME		MAILING ADDRESS		TOWN	ST	ZIP
ID NUMBER	HOME PHONE	CELL PHONE	E-MAIL ADDRESS			

1ST VICE COMMANDER

NAME		MAILING ADDRESS		TOWN	ST	ZIP
HOME PHONE		CELL PHONE		E-MAIL ADDRESS		

2ND VICE COMMANDER

NAME		MAILING ADDRESS		TOWN	ST	ZIP
HOME PHONE		CELL PHONE		E-MAIL ADDRESS		

FINANCE OFFICER

NAME		MAILING ADDRESS		TOWN	ST	ZIP
HOME PHONE		CELL PHONE		E-MAIL ADDRESS		

SERVICE OFFICER

NAME		MAILING ADDRESS		TOWN	ST	ZIP
ID NUMBER	HOME PHONE	CELL PHONE	E-MAIL ADDRESS			

AMERICANISM OFFICER

NAME		MAILING ADDRESS		TOWN	ST	ZIP
HOME PHONE		CELL PHONE		E-MAIL ADDRESS		

CHAPLAIN

NAME	MAILING ADDRESS	TOWN	ST	ZIP
HOME PHONE	CELL PHONE	E-MAIL ADDRESS		

HISTORIAN

NAME	MAILING ADDRESS	TOWN	ST	ZIP
HOME PHONE	CELL PHONE	E-MAIL ADDRESS		

SERGEANT-AT-ARMS

NAME	MAILING ADDRESS	TOWN	ST	ZIP
HOME PHONE	CELL PHONE	E-MAIL ADDRESS		

JUDGE ADVOCATE

NAME	MAILING ADDRESS	TOWN	ST	ZIP
HOME PHONE	CELL PHONE	E-MAIL ADDRESS		

INTERNAL AFFAIRS**MEMBERS:** _____**AREA COMMANDER:** _____

Please fill in the name, street address or Post office box, town, zip code, home phone, cell phone, and E-mail address of **ALL** officers and return this form to: **The American Legion, Dept. of Maine, 5 Verti Drive, Winslow, ME 04901-0727 or e-mail to: legionme@mainelegion.org**. Form is available on www.mainelegion.org under Forms/Applications

Note: In order for your district to receive correspondence or be listed in The American Legion State Directory, this form must be filed with the Department Adjutant's office at the address listed above, on or before the deadline. **This form needs to be completed every year, even if your officers do not change.**

DEADLINE: July 1

DISTRICT OFFICERS FORM.docx

DISTRICT NUMBER