



# The American Legion Department of Maine

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Facebook: [www.facebook.com/maineamericanlegion](http://www.facebook.com/maineamericanlegion)



February 1, 2017

☺ SMILE ☺

The worst distance between people is misunderstanding.

## District Meetings

**District 16 – S. Aroostook:** Feb. 5, Caribou Post 15, 1 p.m. dinner, mtg. to follow, Four Chaplains, joint mtg. with Dist. 17.

**District 17 – N. Aroostook:** Feb. 5, Caribou Post 15, 1 p.m. dinner, mtg. to follow, Four Chaplains service

**District 9 – Kennebec:** Feb. 8, Augusta Post 2, 7 p.m.

**District 3 – Androscoggin:** Feb. 12, Lisbon Post 158, 2 p.m.

**District 10 – Somerset:** Feb. 13, Fairfield Post 14, 5 p.m. social, 6 p.m. mtg., nomination of officers.

**District 14 – Piscataquis:** Feb. 18, Dexter Post 53, 12 p.m. lunch, 1 p.m. mtg.

**District 5 – Oxford:** Feb. 21, Dixfield Post 100, 7 p.m. meeting and nominations. Light supper 6 p.m.

## From The Adjutants Desk

### THE AMERICAN LEGION, DEPARTMENT OF MAINE STATE ORATORICAL CONTEST **REMINDER**

Thomas College  
180 West River Road, Waterville

**Saturday, February 11, 2017 at 9:00 a.m.**

Snow Date: February 18, 2017

All District competitions should be completed by the end of January, 2017.

For more information about the Oratorical Contest in Maine, visit us on the web at [www.mainelegion.org](http://www.mainelegion.org), contact the American Legion Department Headquarters at 873-3229, or e-mail Department Chairman Donald Chase Jr. - [ddchasejr@roadrunner.com](mailto:ddchasejr@roadrunner.com).

All those interested in receiving a copy of The American Legion, Department of Maine Constitution and By-Laws, please visit [www.mainelegion.org](http://www.mainelegion.org), click on the Forms/Applications menu and scroll down to Department/Misc. Forms. For those who do not have a computer and wish to receive a copy via mail, please contact State Headquarters at 207-873-3229.

This office has been receiving many calls from Veterans family's asking for The American Legion Honor Guard to be present at a Veterans funeral. I would like to know how many Posts have some type of Honor Guard so we can help some of these families. Please send HQ your Post # and contact person so we may have some information on hand. Thank you for your support!!!

#### Directory Changes

**Pg. 8**, District 7 Commander William Cossette, e-mail: [district7@mainelegion.org](mailto:district7@mainelegion.org)

**Pg. 49**, Wiscasset Post 54 Commander William Cossette, e-mail: [district7@mainelegion.org](mailto:district7@mainelegion.org)

**Pg. 61**, Ellsworth Post 63, Adjutant and S/O Albert Scott, 2 Belva Way, Ellsworth 04605

**Pg. 72**, Pembroke Post 59, please remove Adjutant and S/O Lloyd Leighton

#### DVD's and Valentines

I am collecting used DVD's for Veterans at Togus and in nursing homes and Valentines for Veterans. I will accept any and all DVD's or Valentines, but please give to me by February 7th!! You can drop them off in Thelma's office, our receptionist, at 1155 Lisbon Street or in my mail box in the mail room.

Thank you in advance! Jerry DeWitt, Veterans Outreach and Post 22 Commander

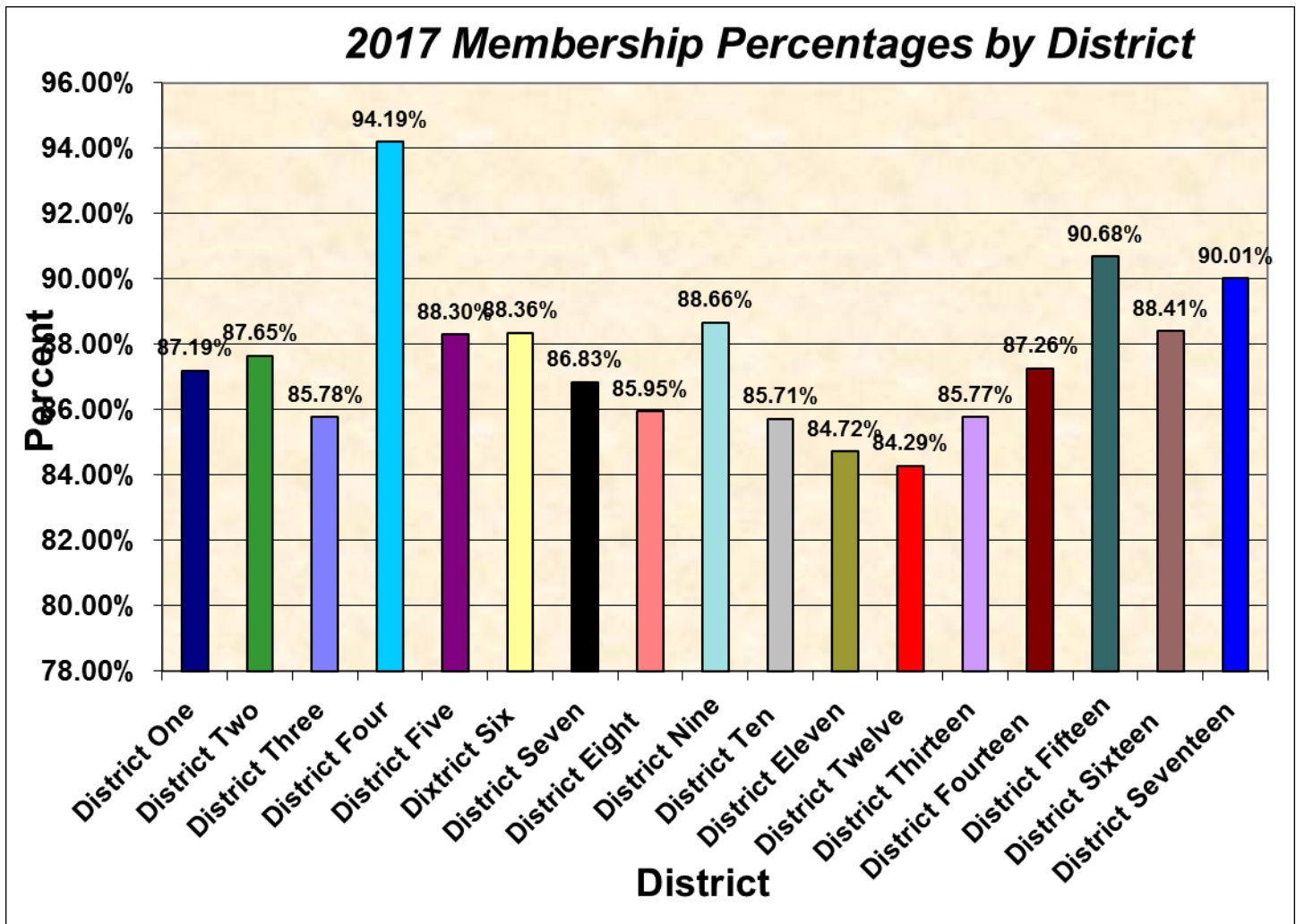
#### Military Trivia

In WWI, what was used as warning devices atop the Eiffel Tower?

#### Amateur Radio

Post-20, Brunswick will hold a class for people wanting to obtain an Amateur Radio License if there is enough interest. The location will be at the Post home. If you are interested, please contact Daniel Lindsley at: [lindsleydaniel@yahoo.com](mailto:lindsleydaniel@yahoo.com) for further information.

## Membership



## Recurring Events

### Rockland Post 1:

**Sunday Morning Breakfast:** 8 - 10 a.m., all you can eat - \$8

**Karaoke Night:** Every Friday night, 6 - 10 p.m.

### Augusta Post 2:

**Friday Night Karaoke:** Fridays, Augusta Post 2, 6:30 p.m.

**Saturday Night Dance:** Saturdays, Augusta Post 2, 7 p.m., \$7, live bands.

### Gardiner Post 4:

**3 Card Challenge:** Fridays, Gardiner Post 4 Club Room, 6 p.m.

**Cribbage:** Every Sunday, Gardiner Post 4, 1 p.m.

**Trivia Contest:** Every Friday, Gardiner Post 4, 6:30 p.m.

**Open Jukebox:** Every Thursday, Gardiner Post 4, 5 – 8 p.m.

**Darts:** Steel Tip Dart Tournament every Tuesday night at 7 PM starting Nov. 1. \$5 entry fee every week for 14 weeks. Cash prizes at the end. Members & guests welcome.

**Livermore Falls Post 10:**

**Post 10 Suppers:** Third Saturday each month, 4:30 – 6 p.m. \$7 adults, \$4 students under 12. For local delivery please call 897-5676. Join us for a great meal and bring your friends with you for a fun gathering.

**Caribou Post 15:**

**Texas Hold-Em:** First and third Sat.

**Line Dancing:** Every Friday evening.

**Sanford Post 19:**

**Live Music:** Every Friday night. Great bands and lots of fun.

**Winthrop Post 40:**

**Pool League Tournament:** Mondays, 7-10 p.m.

**Cribbage Tournament:** Tuesdays, 6 p.m. Food available at the bar. Anyone can sign-up. \$5 – buy in.

**Free Pool:** Saturdays, anyone can sign up.

**Texas Hold-Em Poker:** Sundays, 2 p.m. \$55 Buy-in.

**Norway Post 82:**

**Coffee Hour:** Every Tuesday, Norway Post 82, 9 a.m. Everything is free. Coffee, many different types of donuts, coffee cake, muffins. Any veteran is invited to come by and enjoy the company of other veterans.

**Gray Post 86:**

**ALPS:** Third Monday of each month, Gray Post 86, 6:30 p.m.

**Dixfield Post 100:**

**Public Supper:** Third Saturday of the month, Dixfield Post 100, \$7 adults, Children ½ price, meals vary, FMI call 562-8030.

**Richmond Post 132**

**Reg. Meetings:** 2nd & 4th Tuesdays, 7 p.m.

**Bingo:** Saturdays, 6 p.m.

**Texas Hold-Em:** 3rd Friday, 6:30 p.m.

**Sabattus Post 135:**

**Dart Tournament:** Every other Monday starting Sept. 19, Sabattus Post 135.

**Cribbage Tournament:** Tuesday, Sabattus Post 135.

**Fridays Nights DJ:** Come dance the night away with our new DJ, Sabattus Post 135

**Windham Post 148:**

**Texas Hold-Em Poker:** 1st and 3rd Wednesdays, 6:30 pm. Windham Veterans Association & Post 148 at Dena's Restaurant, next to Windham Post Office - Jct. Rtes. 115 & 302. \$60 buy in.

**Eagle Lake Post 176:**

**Wings Night:** Fridays, Eagle Lake Post 176, 5 – 9 p.m.

**Lebanon Post 214:**

**Spaghetti Supper:** Second Saturday of the month, Lebanon Post 214, Adults \$7, Children under 10 free. Held at the hall in the First Parish Congregational Church, 650 Center Road, Lebanon. FMI, please call 658-7182.

## Current Events

**Karaoke With Lena Bragg:** Feb. 4, Gardiner Post 4, 7 – 11 p.m. Members & guests welcome.

**Beans and Casserole Supper:** Feb. 4, Gray Post 86, 5 – 6 p.m. Adults \$8, children under 12, \$4. Pies for dessert.

**Super Bowl Pre-Party:** Feb. 5, Gardiner Post 4, starts at noon. Cribbage & pool tournaments. Prizes & giveaways. Members & guests welcome.

**Residential Healing & Wellness Retreat:** Feb 9-13, Kennedy Learning Center, Camp Kieve-Nobleboro ME, featuring private rooms & baths. Energy Psychology Education, Alternative Healing Modalities such as Acupuncture, Massage, and Yoga. Recreational activities such as Climbing Wall, Nordic Walking, Pottery, and Snowshoeing. If you are a Maine Veteran, living with the symptoms of PTS and/or TBI, you are eligible to apply. A copy of your DD214, a statement of need from your physician or mental health provider, and a fully refundable \$100 deposit (returned last day of the retreat) are required. Veterans greatly benefit from being accompanied by a caregiver, friend or family member; exceptions will be considered upon request. FMI and/or an application, please visit [embraceavet.org](http://embraceavet.org), email [info@embraceavet.org](mailto:info@embraceavet.org), or phone Dean Paterson at 207-865-3867. Completed applications, DD214 and check may be mailed to: Embrace A Vet, Post Office Box 516, Topsham, ME 04086

**Texas Hold-em:** Feb. 11, Locke Mills Post 68, 595 Gore Rd., Locke Mills. Doors open at 11 a.m., games begin at 1 p.m. 50/50, meals and beverages available, BYOB. Come and enjoy the fun.

**AR Technology:** Feb. 12, Windham Indoor Shooting Range, 10 a.m. - 2 p.m. Windham Post 148 in collaboration with Windham Indoor Shooting Range is offering interested Veterans\* an opportunity to test out the newest in AR technology. This is a great opportunity to check out the new facility and new weapons (Legion will cover range fees but individuals may have to purchase their own ammo). Or, may bring your own weapon and ammo. For reservations or additional information, contact Mel Greenier at [mgreenier@myfairpoint.net](mailto:mgreenier@myfairpoint.net). Must show ID and proof of veteran status.

**2017 Maine Veterans Creative Arts Competition:** Feb. 15, Theater B210, VA Maine HCS, 1:30 p.m. For category listings and entry information please contact: For Performing Arts (Music, Dance, Drama and Creative Writing): Liz Marrone, CTRS, 207-623-8411 Ext. 5371 or [Elizabeth.marrone@va.gov](mailto:Elizabeth.marrone@va.gov). For Visual Art Categories (Fine Art, Applied Art and Kits), Courtney Oliver, CTRS, 207-623-8411 Ext. 4589 or [Courtney.oliver@va.gov](mailto:Courtney.oliver@va.gov). Competition entry deadline: Jan. 20, 2017. Recreational Therapy Services at VA Maine Healthcare, in conjunction with the American Legion Auxiliary, is proud to once again sponsor this year's Annual Veterans Creative Arts Show. Nationwide, Recreational Therapists and other clinical staff use the creative arts as one form of rehabilitative treatment to help Veterans recover from, and cope with, physical and emotional disabilities. Veterans are provided with the opportunity to participate in creative self-expression in the areas of art, creative writing, drama, dance and music as part of their therapy. This year over 35 (and counting) Veteran visual artists, creative writers, musicians, dancers and dramatic readers from VA Maine have entered their art into the Local competition. Veterans who are awarded 1st place in their category at the local competition qualify to compete against Veterans from all across the Nation. VA Maine has participated in the Creative Arts Festival for over 11+ years. The Maine American Legion Auxiliary has helped sponsor the local Competition since 2013. Across the country each year, Veterans treated at VA facilities compete in both local

and national creative arts competitions that provide them with an opportunity to gain recognition for their artistic accomplishments. These competitions includes more than 53 art categories that range from oil painting to leatherwork and even paint-by-number kits. In addition, there are 120 categories pertaining to all aspects of music, dance, drama and creative writing. The creative writing division is a more recent addition to the competition and includes original works in poetry, essay, short story, and personal experience writing. Our local competition is a pre-cursor to the National Veterans Creative Arts Festival. Last year VA Maine sent five Veterans to the National festival in Mississippi. We also had one artist that placed third in her division at the national level. The American Legion Auxiliary has actively supported this event nationwide since 2000. Founded in 1919, the American Legion Auxiliary is the world's largest women's patriotic service organization.

**Valentines' Masquerade:** Feb. 18, Winthrop Post 40, Dance with GWizzoes Band. 8 p.m-1 a.m. Donation \$5 - Cash Prizes

**3rd Annual Fishing Derby:** Feb. 18 – 19, Maranacook Lake. Weigh-in 9 a.m. – 4 p.m. In memory of Carlene Steele & Lee M. St. Hilaire. Cash prizes for biggest salmon & brook trout. Portable Ice Shack for biggest togue. \$50 for biggest fish caught by 12 year old and under. No frozen fish!!! This is Maine's free fishing weekend. No license needed. 50/50 Raffle-Ice Trap Raffle, door prize, hot food. \$10 a ticket. Sponsored by Winthrop Post 40.

**Four Chaplains Ceremony:** Feb. 21, Mechanic Falls Post 150, 6:30 p.m. Everyone is invited to attend.

**Mardi Gras:** Feb. 25, Gardiner Post 4, downstairs 3 – 8 p.m. Members & guests welcome.

**Nets 4 Pets 4 Vets Basketball Tournament And Dinner:** Mar. 24, 45 Columbia St., Bangor, 3 – 6 p.m. to help the Bangor Humane Society provide therapy pets to Veterans. Register a basketball team: 3 on 3 - (3 people/team; \$10/person which includes dinner!). Have a home-cooked dinner: FREE for Veterans & active duty (FARM TO TABLE dinner- food purchased from Maine VETERAN farms!), suggested donation (\$8/adult, \$4/child under 10) for everyone else! ALL proceeds help the Bangor Humane Society with the Pets 4 Vets program / United Farmer Veterans of Maine. Volunteer- Help with the dinner or basketball game; we can always use help with set-up, cooking, clean-up, logistics, etc. Register, Donate, Volunteer: Send registrations/ donations to MBS Corps (C/O Nory Jones), University of Maine Business School, 5732 DP Corbett Business Building Orono, ME 04469. Questions? Contact us at: [mbscorps@maine.edu](mailto:mbscorps@maine.edu) or see our web site: <http://www.mbs.maine.edu/mbscorps/activities-events/nets4pets4vets>. You can also make your tax-deductible donation to United Farmer Veterans-Maine to help purchase food from Maine Veteran farmers for the dinner OR to Bangor Humane Society for the Pets 4 Vets program (or to MBS Corps (not tax deductible) for other costs).

### Condolences

Department Adjutant Paul L'Heureux's brother Normand has passed away. Normand was an active member of Auburn Post 153 with 13 continuous years. Cards may be sent to Paul and Audrey at 12 Sherwood Dr., Auburn ME 04210.

<b>Sons of the American Legion Detachment News</b>
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Comrades,

Attending the opening of Special Olympics Maine on Monday morning was an honor as well as inspiring. To watch them as they marched in with their groups truly showed "Olympian" spirit.

I was in attendance with our Legion Commander Pete Johnson and Auxiliary President Veronica Gurney.

It wasn't all fun and games. Upon arrival Sunday afternoon we helped ready the hall for the Olympian dinner. Pressed into service along with Nancy True, we vacuumed the hall while President Veronica & Deb Marr made salads for close to 1,000. Monday morning we all helped make about 1,000 sandwiches for the box lunch. I took a lot of photos, great day all around.

Please, send in your donations for Special Olympics to SAL Office or directly to the Finance Officer Dave Raymond, earmarked Camp Tall Pines, they really need our support.

Always willing to serve,

Ron Marr, Detachment Commander  
1779 Hotel Rd Auburn, ME 04210 (207)-701-9675 [ronaldmarr.rm@gmail.com](mailto:ronaldmarr.rm@gmail.com)

**Answer to military trivia question:** Parrots

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Best Wishes to The Legion family,

Paul L'Heureux  
Department Adjutant

## **CANADIAN FRIENDSHIP AWARD**

### **Nomination Report (Information Sheet)**

**Purpose:** To submit nomination(s) for the Canadian Friendship Award.

**Conditions:** It shall be awarded to specific individuals who shall be war veterans within the accepted meaning of the term and members of an authentic veteran's organization in Canada.

The award shall be given to individuals in recognition of outstanding service in the field of veterans' affairs and in the development and perpetuation of the spirit of international goodwill and comradeship between The United States and Canada and between their veterans' organization and The American Legion.

Nominations may be made by any member of The American Legion in good standing, under such rules and regulations as shall be approved for such award.

**Nominations:** Receipt of award is limited to one (1) per branch and nominations are limited to one (1) per post.

**Documentation:** Each nomination shall be thoroughly documented (testimonials and other credentials, newspaper clippings, copies of awards, etc.) by the person placing the name in nomination. If space on the nomination form is insufficient, additional pages may be attached for consideration.

The nominator will be responsible for making definite time/place/presentation plans, subject to approval of the nominee for the award.

**Deadline:** Nominations must reach Department Headquarters by February 15.

**Mail to:** The American Legion  
Department of Maine  
5 Verti Drive  
Winslow, Maine 04901-0727

**NOMINATION FORM AT END OF SMILE - DUPLICATE AS NECESSARY**  
**Form Must Reach Department by February 15**



# THE AMERICAN LEGION CANADIAN FRIENDSHIP AWARD NOMINATION FORM

PLEASE TYPE OR PRINT LEGIBLY

Nominee's Full Name \_\_\_\_\_

Address \_\_\_\_\_

Nominee is a member of \_\_\_\_\_, an authentic veterans  
(Veterans Organization Name, Branch or Chapter #)  
organization in Canada. Nominee is a veteran of the Armed Forces of Canada and served during  
\_\_\_\_\_, at which time Canada was allied with the United States of America.  
(Name of War)

Nominee holds, or has held, the following offices in \_\_\_\_\_  
(Name of Veterans Organization)

\_\_\_\_\_

This nomination for the Canadian Friendship Award is recommended in recognition of outstanding service in the field of veterans' affairs and for service and contributions made in the development and preservation of good will and comradeship between the veterans' organization of the nominee and The American Legion, as is evidenced by the following:

\_\_\_\_\_

(NOTE: PLEASE ATTACH ADDITIONAL SUPPORTING DOCUMENTION TO THIS FORM.)

**RECEIPT OF THIS AWARD IS LIMITED TO ONE PER BRANCH AND NOMINATIONS ARE LIMITED TO ONE PER POST.**

THIS SECTION TO BE COMPLETED BY MEMBER OF THE AMERICAN LEGION SUBMITTING NOMINATION			
(Name)	(Department)	(Post)	(Member ID No.)
(Street Address)	(City)	(State)	(Zip Code)
(Signature)	(Date Submitted)		

**MAIL COMPLETED NOMINATION FORM BY FEBRUARY 15 TO:**

The American Legion  
Department of Maine  
5 Verti Drive  
Winslow, Maine 04901-0727

Serve Community and Country

SPONSOR  
THE AMERICAN LEGION  
R.O.T.C.  
ACHIEVEMENT PROGRAM

(RECOGNIZED & APPROVED BY DEPARTMENT OF DEFENSE)

An American Legion Challenge

Top leaders in all of tomorrow's activities will come from today's college students. Among them will be those who have increased their chances for success even more by enrolling in the Reserve Officers Training Corps. They will gain the ability to lead and inspire others to follow. ROTC develops these qualities. The American Legion has a challenge to encourage these young Americans to help their country, and to prepare themselves for positions of leadership.

The American Legion ROTC Medal Awards were established by National Convention mandate as a way in which The American Legion could show its support. Participation in this project can be worthy community service and a credit to The American Legion.

Many Posts have "ADOPTED" a nearby ROTC unit and are presenting these medals annually. Some Departments are presenting medals to ALL ROTC units within their states. Many Posts have presented a complete, framed set of Legion ROTC medals for permanent display in the school Day Room.

If you have a nearby school with an ROTC unit, and have not already "ADOPTED" it, do so NOW!! Discuss this matter at your next Post meeting. This is a worthy project and should be done on an annual basis. In communities where there are more than one Post..... make it a joint project. Why not establish your contact with the schools NOW!! Pick up the telephone and call the college president, the high school principal or the Professor of Military /Naval Science or Aerospace Studies.

The medals and ribbon bars have been approved for wear by the Department of Defense and Departments of Army, Navy and Air Force. Criteria for these decorations have been also officially approved and are published in each of the Service regulations.

These medals, recognizing Military and Scholastic Excellence, are available for presentation to Army, Navy and Air Force ROTC cadets at any college, university, or high school. These medals come in three forms:

BRONZE-is available for award to students participating in the final year of the Junior (high school) ROTC program and to college students who are satisfactorily participating in the Freshman AS/MS/NS-100 course who have qualified for admission to the 200 course.

SILVER- is available for award to students satisfactorily participating in the Sophomore AS/MS/NS-200 course who have qualified for admission to the Junior 300 course, and to students satisfactorily participating in the Junior AS/MS/NS-300 course.

GOLD-is available for award to students satisfactorily participating in the Junior AS/MS/NS-300 course who have qualified for admission to the Senior 400 course, and to students satisfactorily participating in the Senior AS/MS/NS-400 course.

Recent DOD statistics show that the ROTC program nearly doubles any other officer acquisition program in the military service. Not only is the ROTC Achievement Program an excellent community project, it brings prestige to the Post, the Department, and The American Legion and most important it promotes the National Security of this country.

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