



The American Legion, Department of Maine
5 Verti Drive, Winslow, Maine 04901-0727

www.mainelegion.org | legionme@mainelegion.org | 207-873-3229

Facebook: www.facebook.com/maineamericanlegion

Volume 2 Issue 23

November 18, 2021

THE LEADERSHIP LEDGER

THE TECHNOLOGY SUPPORT
NEWS INFORMATION
LAW LEADERSHIP
REPORTS TRAINING LEDGER
TEAMWORK RESULTS
EVENTS SUCCESS DELEGATING
IMPROVEMENT COACHING

Welcome to the 54th Edition of The Leadership Ledger. It includes Post, Department and National reports, leadership training events, upcoming conferences/conventions as well as rules and regulations pertaining to local, state and national laws. The Ledger is available by visiting the Department's website at www.mainelegion.org under "News & Events" or on the home page. If you have any information to be published in The Leadership Ledger, please forward to Department HQ via email at: legionme@mainelegion.org.

DISTRICT MEETINGS

Be Connected – Be Heard – Be Informed

District 14 – Piscataquis: Nov. 20

Monson Post 116, 12 noon lunch w/Business Meeting at 1PM

District 2 – Cumberland: Dec 12

Westbrook Post 197 Holiday Party 2PM

District 5 – Oxford: Dec. 21

Locke Mills Post 68, 7PM Appoint Nominating Committee,
District Christmas Party

District 12 – Hancock: Dec. 14

Northeast Harbor Post 105, Dinner at 6:30PM,
Meeting at 7:30PM Christmas Party

Note: If you haven't submitted your district meetings for 21-22, please do so as soon as possible!

Happy Thanksgiving

In observance of **Thanksgiving**, the American Legion State Headquarters and Service Office will be closed **Wednesday – Friday, November 24-26th**, and will **reopen on Monday, November 29th**. Please plan accordingly. Stay safe!

A MESSAGE FROM COMMANDER DILLARD



To my fellow Legionnaires in Maine,
This is a critical time for our organization. A recent report revealed a 15-percent increase in suicide among active-duty troops. Preventing suicide among veterans is a top priority for The American Legion and it should be a top concern for all Americans.

You do not need to be a first responder or a professional counselor to help a veteran in need. You just need to be informed. Please memorize and share the number to the Veterans Crisis Line with anybody whom you think could benefit from it. That's 1-800-273-8255, extension 1. Veterans in crisis can also chat online at VeteransCrisisLine.net or text 838255.

A large and strong American Legion can ensure that our elected leaders in Washington hear our concerns. That means not writing off any generation of veterans. The LEGION Act not only opened our membership to Cold War veterans, but it also tore down walls that may have existed between various war eras. Last summer's events in Afghanistan continue to be particularly hard for many veterans of that war. We must be accessible to these men and women who may be experiencing a whole range of emotions.

I am extremely proud of the opportunities that The American Legion offers through our job and career fairs. Veterans and their spouses are disproportionately impacted in the job market due to their frequent address changes and other challenges associated with transitioning back to civilian communities.

At its heart, The American Legion is a grassroots community-service organization. The American Legion posts in your department prove it with your constant devotion to our four founding pillars.

I thank you for your service to America and The American Legion. Best wishes for a productive conference.

No Veteran Left Behind,

Paul E. Dillard, National Commander



**New Step-By-Step Instructions
& Other Resources to Help with Your
MyLegion.org Account/Registration**

**Useful Step-By-Step Instructions/Information
on Membership Processing, Group
Permissions & More!**

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**For a Complete Overview of MyLegion.org  
see below links**

**[A Complete Overview of MyLegion.org \(PDF format \)](#)**

**[A Complete Overview of MyLegion.org  
- Powerpoint \(PPTX Format\)](#)**

Note: The last Tuesday of each month American Legion National Headquarters staff will present 60 to 90-minute sessions on topics aimed at post commanders and adjutants. Each session will be recorded and made available for later viewing. Please visit [Training Tuesdays](#) for the next scheduled training session.



***Available Now!***

**[Aug-Nov 2021 Issue - Digital Version](#)  
**[Aug-Nov 2021 Issue - \(pdf version\)](#)****

**[Click here for TML Archives](#)**

**Or go to: [www.mainelegion.org](http://www.mainelegion.org)**

## **ATTENTION CRUISER SAILORS: SUPPORT NEEDED**



**USS SALEM CA139**  
**PO BOX 165**  
549 South St. Pier 3  
Quincy MA 02170

**617-479-7900**  
**Fax 627-479-9792**  
**[www.uss-salem.org](http://www.uss-salem.org)**

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5 November 2021

As you may be aware the COVID-19 Pandemic has taken its toll on many Museum Ships across the Nation. Until now we have been able to struggle through with the generosity of our volunteers, visitors, and landlord. Another season has come and gone without our largest fundraiser available to us our famous overnight program where Scouts from across the northeast would come and spend the night on the last all gun heavy cruiser in existence. Boys and Girls of all ages have learned the sacrifices of generations of sailors and service members by spending a night aboard the "Seawitch."

That is why we are asking for your support, our 100% volunteer crew has spent hundreds of thousands of hours maintaining this 716' Quincy Built Heavy Cruiser U.S.S Salem CA-139. Our annual operating expenses for utilities, rent and fuel run approximately \$60,000. That doesn't include the other maintenance costs like paint, unanticipated expenses like storm damage, system failures etc. If your organization could help keep history alive in any way or any of your members are interested in volunteering with us or any other museum ship if one is closer please do not hesitate to reach out.

Our Tax ID number is 04-3158285. You can mail your donation directly to the ships new PO Box above, or if you would like to make sure you receive an acknowledgement feel free to send it to my address below. If you would like to leave it unrestricted great or specify whether it goes to fuel, maintenance, utilities, programs, upgrades etc. just list that on the memo line. Thank you for your consideration.

Fraternally,

Rob Everett  
220 Derry Rd Apt 40  
Hudson NH 03051  
(603) 229-7319





## MAKE YOUR NAME PART OF THE AMERICAN LEGION HISTORY!



**Become a Sponsor  
Today in Support  
of Maine Veterans**

***Deadline for  
Submission is  
May 6, 2022***

Become a sponsor of  
our Maine American  
Legion Convention

Yearbook today by purchasing ad space or as an “individual donor” and help support Veterans in the State of Maine. As a contributor, your name (individual or business) will be listed in our 2022 Maine American Legion Yearbook and made available in print and online in digital format by visiting [www.mainelegion.org](http://www.mainelegion.org).

Show your support to our Veterans in the State of Maine! Become a sponsor today and make your name part of The American Legion history!

Donations may be made by visiting [www.mainelegion.org](http://www.mainelegion.org) or by check payable to The American Legion, Department of Maine, earmarked “Yearbook Program”. Mail to:

The American Legion, Department of Maine  
5 Verti Drive, Winslow, ME. 04901-0727.

For more information, please call:

**207-873-3229 Ext. 2.**

## **WOMEN VETERANS EVENT GUIDELINES**

If you’re thinking about putting together a Women Veterans Event sponsored by the American Legion, Department of Maine, please click on the above link to help you. For more information, please contact Department HQ at 207-873-3229.

Guidelines are also available to download by visiting: [www.mainelegion.org](http://www.mainelegion.org) under Forms/Applications.



## MAINE VIRTUAL-VETERANS EXPERIENCE ACTION CENTER



**Dec 7–9, 2021** 10:00 AM–3:00 PM ET

**Sign Up for 1-On-1 Personalized Assistance  
with Veteran Benefits and Services**

**Get Assistance On:**

- » VA Claims and Appeals Filing and Status Updates
- » VA and Maine Bureau of Veterans Services (including Maine Veterans’ Dental Network)
- » VA Healthcare Eligibility and Enrollment
- » Community and Peer-to-Peer Networking Referral
- » Education, Employment, and Pro Bono Legal Referral
- » Family Member, Caregiver, and Survivor Benefits & Services

**REGISTER** <https://booknow.appointment-plus.com/ck3047g2/>

Limited appointments available. Registration runs through Sunday, December 5th.

SUPPORTING PARTNERS

VA



U.S. Department  
of Veterans Affairs

**2-1-1**  
Maine



**Click on the Image Above to Register or Go To:**  
<https://booknow.appointment-plus.com/ck3047g2/>

## **THE DREADED “REPLY ALL” EMAIL RESPONSE**

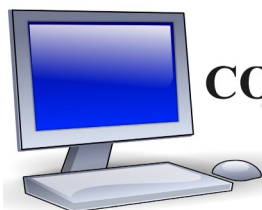
When it comes to using “Reply all,” it’s best to err on the side of caution and not use it. Instead **reply directly to the sender**. Most of the time the other people on the email list do not need to see your response. There are *not* many times when “Reply All” is necessary but here are a few exceptions:

- Use “Reply All” if the sender is asking for a group discussion or feedback.
- Use “Reply All” if there are compliance or legal requirements to tracking conversations you might need to use “Reply all.” This is rare.
- “Reply all” might be necessary if the emailed group needs to see your response about your availability or your input on a topic.

Other than these very few situations, it is rare you need to use “Reply all,” ***especially if your email address is in the cc field!***

*~ Clise Etiquette*

**[Read More about E-mail’s “Reply all” & “BCC”  
in this week’s Computer 101 on page 4](#)**



## COMPUTER 101

**Computer 101** is a resource which aims to help those who wish to learn basic skills with the powerful technology of today's world. Increased proficiency with computers and the Internet has positive outcome across all fronts, both personally and professionally.

### Benefits of Using BCC While Sending an E-mail

Almost every user on the Internet sends and receives hundreds of emails on a regular basis. However, only a handful of them know what is BCC and what are the advantages of using BCC while sending an email. If you are one such Internet user who is unaware of what BCC is all about, then this is the post that you should definitely read!

#### What is BCC?

BCC stands **Blind Carbon Copy**. It refers to the practice of sending an email to multiple recipients without disclosing the individual emails addresses.

While sending the same email/message to multiple recipients, it is a common practice for most users to separate the email addresses by using comma or semi-colon and insert all those recipient addresses in the **To:** field. When emails are sent in this way, each receiver is able to see the complete list of all the recipient email addresses to which the same message is being sent to.

Unlike the **To:** field, the **BCC:** option on the other hand allows you to hide the recipients in email messages. In other words, when emails are sent using **BCC:**, the receiver will not be able to see the list of recipient email addresses. Thus, using **BCC** is a smart way to protect the privacy of the recipients.

#### Why should you use BCC?

Here are the reasons for using the BCC option: **Risk of Spammers:** In order to avoid the risk of spammers, it is necessary that you encourage people/friends to use **BCC:** while forwarding any message to you. This prevents your email address from appearing in other person's inbox thereby keeping yourself less exposed to spammers. You may also refer **[How to Protect an Email Account from SPAM](#)** for more information on spamming.

While forwarding email messages, people often do not bother to remove the list of previous recipients. As a result, messages that are repeatedly sent to many recipients may contain a long lists of email addresses. This makes it easy for the spammers to collect and target those email IDs for spamming.

**Protect the Privacy:** BCC provides an easy and

simple option for protecting the privacy of your recipients. Under many circumstances it is necessary for us to send an email without letting the recipients know who else is receiving the same message. Also, it is highly recommended that you use the **BCC:** option while forwarding a joke or a funny email to a list of your friends. If you are sending email on behalf of a business or organization, it may be especially important to keep the list of clients, members, or associates confidential. So, don't forget to use **BCC:** option in those instances wherever privacy matters.

#### How to BCC an email message?

Most email clients provide the **BCC:** option under a few lines below the **To:** field. All you have to do is just enter the list of recipients in the **BCC:** field instead of entering the same in the **To:** field. You may leave the **To:** field blank or enter your own email address. Once you do this, just hit the Send button.

The moral is that you should use **BCC:** while sending bulk messages so as to protect the privacy of your recipients.

For more tips **[CLICK HERE](#)** or go to:

<https://support.microsoft.com>

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## MEMBERSHIP IMPACT REPORTS

The American Legion's success depends entirely on active membership, participation and volunteerism. The following monthly reports located on: **<https://www.legion.org/membership/impact>** provide a summary of membership, participation and volunteerism making an impact in the lives of veterans, families and communities. American Legion Posts can share the many ways Legionnaires are making a difference in their communities by **[submitting consolidated post reports online](#)**. To visit the impact American Legion posts made throughout the year, visit: **<https://www.legion.org/bythenumbers>** or **<https://www.legion.org/membership/impact>**.

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## MILITARY TRIVIA

**Q:** What State is home to the most US Military bases & what is the largest Army base in CONUS?



## THIS DAY IN HISTORY NOVEMBER 18TH

- 1943** 444 British bombers attack Berlin  
**1943** U-211 sinks in Atlantic Ocean  
**1949** The U.S. Air Force grounds B-29s after two crashes and 23 deaths in three days  
**1955** Bell X-2 rocket plane taken up for first powered flight  
**1966** US performs nuclear test at Nevada Test Site  
**1978** Great Britain performs nuclear test at Nevada Test Site  
**1979** **Ayatollah Khomeini** charges US ambassador and embassy with espionage  
**2002** Iraq disarmament crisis: United Nations weapons inspectors led by Hans Blix arrive in Iraq.  
**2012** Israeli Gaza rocket strikes kill 80 alleged terrorist targets  
**2019** Secretary of State **Mike Pompeo** reverses US policy regarding Israeli West Bank settlements as illegal after 24 years  
**2020** US COVID-19 death toll passes 250,000, recorded cases at 11.5 million, hospitalizations at 76,830 amid a country-wide surge.

For more about these events & more on November 18th,

**CLICK HERE** or go to:

<https://www.onthisday.com/events/november/18>

## \$15 TEETH CLEANINGS FOR MAINE VETERANS

To Honor our Veterans', the University of New England's Dental Hygiene Clinic in Portland will offer Veterans discounted teeth cleanings for \$15, along with free dental exams and fluoride varnish and 50% off all other services from **November 1st, 2021 to December 2nd, 2021**.

Veterans must have a valid VA ID card, Maine driver's license/state ID with a military service designation or a DD-214.

To book your appointment, please call the University of New England at 207-221-4900.

UNE is a teaching clinic and educational environment, appointments will require more time than a typical visit. **Please note:** X-rays are an additional cost and fillings are not available at this clinic.

For Additional Information about the UNE clinic, please visit: <https://www.une.edu/wchp/dental/patient-info>

Due to COVID-19, patients must be able to wear a mask while on campus and in the clinic lobby. If you cannot comply, we would be happy to see you when the pandemic is over. Thank you in advance for keeping our community healthy.

The University of New England Dental Hygiene Clinic is located at: The Coleman Dental Hygiene Building, behind the UNE College of Pharmacy building 716 Stevens Ave Portland, ME 04103 or use 684 Stevens Ave. in your mapping software.



## The American Legion, Department of Maine High School Oratorical Scholarship Program

Thomas College  
180 West River Rd.  
Waterville, Maine 04901

**February 12, 2022 at 9:00 a.m.**

(Snow date: February 19, 2022)

For More Information [Click Here](#) or go to  
[www.mainelegion.org/pages/programs/oratorical.php](http://www.mainelegion.org/pages/programs/oratorical.php)

**Department of Maine HS Oratorical  
Scholarship Application**

**Department of Maine Oratorical Brochure**

**2022 Oratorical Rules Brochure**

**Oratorical Promotional Brochure - National**

## VETERAN'S EMERGENCY FINANCIAL ASSISTANCE PROGRAM (VEFAP)

Do you know of a veteran in your community in need of assistance? Someone who during these challenging times just needs a little help to keep them going? Maybe a veteran that is homeless? Or worst of all, a homeless veteran with children? If so, we want to remind you that The American Legion, Department of Maine can assist you to help these veterans during their difficult and troubling times.

Call us at 207-873-3229 Ext. 3 or visit our website:

[http://www.mainelegion.org/pages/  
resources/va-resources.php](http://www.mainelegion.org/pages/resources/va-resources.php)

We will contact you as soon as possible and we hope to enable you to help veterans in need.

## DONATIONS

**AMERICAN LEGION DEPARTMENT OF MAINE**

**Oratorical Scholarship**

Stockholm Post 136 ..... \$ 50.00





## VA MAINE IS OFFERING COVID VACCINES AND BOOSTERS TO:

- All Veterans, **their spouses and caregivers**
- VA Healthcare workers
- Individuals who completed their primary vaccine series with Pfizer or Moderna at least 28 days ago and who meet the **immunocompromised criteria** by the CDC.
- Individuals who completed their primary vaccine series with Pfizer at least 6 months ago and meet the CDC criteria for a booster shot. [Learn more about COVID-19 booster shots in VA.](#)
- Individuals who completed their primary vaccine series with Moderna at least 6 months ago and meet the CDC criteria for a booster shot. [Learn more about COVID-19 booster shots in VA.](#)
- Individuals who received the Janssen vaccine at least 2 months ago and meet the CDC criteria for a booster shot. [Learn more about COVID-19 booster shots in VA.](#)

**\*\*Please make sure to bring your CDC COVID-19 Vaccination Record Card when arrive for your booster!\*\***

If you're interested in receiving the vaccine at VA Maine, please feel free to visit one of our drive through clinics,

**NO APPOINTMENT NECESSARY!**

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Effective Friday 10/22/21:

Togus will offer **Moderna/Pfizer Booster** drive through clinics **Every Tuesday in November** from 0830 to 1430), and **Saturday: 11/20** from 0830 to 1430

Bangor will offer **Moderna/Pfizer Booster** drive through clinic on Saturday 11/20 from 0900-1400

Saco will offer **Moderna/Pfizer Booster** drive through clinic on Saturday 11/20 from 0900-1400

***Janssen vaccine will not be available at the drive through clinics but will remain available on a case by case basis.**

You can also receive a COVID vaccine outside of VA. You can locate a vaccine site at:

<https://www.vaccines.gov/search/>.

For more information about vaccine clinics you may contact us at (207) 623-8411 Ext 4949 or Ext 7490.

This website is updated weekly.

SPECIAL DISCOUNTS & PERKS FOR VETERANS

Free National Park Passes

[VA pension benefits](#) | [10% off at Outback](#)

[Veterans get free entrance to national parks, refuges and other public lands](#)

Veterans, Gold Star Families, current Military and their dependents have free access to approximately 2,000 public locations spread out across more than 400 million acres of public lands, which host activities to fit any lifestyle, from serene to high octane, including hiking, fishing, paddling, biking, hunting, stargazing, camping and much more.

For more perks [Click Here](#) or go to:

[Veteran discounts available year round - VAntage Point](#)

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## ENHANCED PENSION BENEFITS HELP ELIGIBLE WARTIME VETERANS, SURVIVING SPOUSES INCREASE INCOME

If you are a wartime Veteran who meets certain requirements, or you are a surviving spouse, then you may be eligible for VA's pension benefits. [VA's Aid and Attendance and Housebound benefits](#), or enhanced pension, can boost your pension payments. If you need help with daily activities, or if you are housebound, you may qualify for an increased monthly pension.



For more information [CLICK HERE](#) or go to: [www.legion.org/benefits](http://www.legion.org/benefits)

## MILITARY TRIVIA:

**A.** Virginia bears the honor of having a total of 8 military bases, while Ft. Bragg, NC is the largest.

[Fort AP Hill Army Base in Bowling Green, VA](#)

[Fort Myer Army Base in Arlington, VA](#)

[Fort Monroe Army Base in Hampton, VA](#)

[Fort Lee Army Base in Prince George, VA](#)

[Fort Eustis Army Base in Newport News, VA](#)

[Fort Belvoir Army Base in Fairfax, VA](#)

[Langley Air Force Base in Hampton, VA](#)

[Fort Pickett Army Base in Blackstone, VA](#)