

The American Legion, Department of Maine 5 Verti Drive, Winslow, Maine 04901-0727

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THE LEADERSHIP LEDGER



Welcome to the 67th Edition of The Leadership Ledger. It includes Post, Department and National reports, leadership training events, upcoming conferences/conventions as well as rules and regulations pertaining to local, state and national laws. The Ledger is available by visiting the Department's website at www.mainelegion.org under "News & Events" or on the home page. If you have any information to be published in The Leadership Ledger, please forward to Department HQ via email at: legionme@mainelegion.org.

DISTRICT MEETINGS

Be Connected - Be Heard - Be Informed

District 3 – Androscoggin: June 5 Auburn Post 153, 2PM

District 12 – Hancock: June 14
Bucksport Post 93
Dinner at 6:00PM, Meeting at 7:30PM
Dinner will be at Post 58 Elm St. (469-3295)
Annual Meeting and Installation of Officers

ANNUAL POST DATA REPORTS

NEEDED IMMEDIATELY!

Reports are needed ASAP from the following posts:

5, 10, 11, 27, 31, 33, 40, 45, 47, 51, 52, 53, 55, 61, 64, 66, 69, 77, 82, 86, 88, 91, 97, 100, 105, 112, 118, 121, 122, 126, 130, 139, 141, 152, 157, 161, 164, 172, 173, 180, 187, 188, 195, 201, 204, 205, 208 & 212, 213, CN9

THE AMERICAN LEGION DEPARTMENT OF MAINE

ANNUAL STATE CONVENTION

June 10-11, 2022

Jeff's Catering & Event Center 15 Littlefield Way, Brewer, Maine 04412

<u>Click Here for</u> 2022 State Convention Agenda

or find a printable agenda at the back of this newsletter

Delegates/Alternates are Required to Pre-Register Prior to Convention

To register, please visit:

http://www.mainelegion.org/pages/news-events/ state-convention.php_and click on the Member/Guest Registration Form & Elected Post Delegate/Alternate Form or find one on pages 8&9

For more information, please visit www.mainelegion.org or call Department HQ at 207-873-3229.



DIRIGO STATE

June 19-24, 2022 Thomas College, Waterville

NATIONAL CONVENTION

Aug. 26 - Sept. 1, 2022 Milwaukee, Wis.

PLEASE NOTE

Due to State Convention time constraints the next Leadership Ledger will go out on June 23rd, 2022.



COMMANDER'S PROJECT 2021-2022



American Legion, Department of Maine Foundation

The American Legion, Department of Maine Foundation is a 501(c)(3) non-profit organization exclusively for charitable purposes. All donations to the foundation are tax deductible under the United States Tax Code and Internal Revenue Service.

The Mission of the Foundation is to provide financial assistance, promote Americanism, Youth Programs, National Security, and Veterans Affairs and Rehabilitation that will enhance the lives of our veterans, their families, children and communities in the State of Maine today and for future generations.

My goal this year is to raise \$15,000 for the Endowment Fund to help fund American Legion Americanism Programs. Examples include Baseball, Dirigo (Boys) State, and the Oratorical Scholarship program.

America's future lies in our children.

American Legion Baseball, founded in 1925, has taught hundreds of thousands of young Americans the importance of sportsmanship, good health and active citizenship. The program is also a promoter of equality, making teammates out of young athletes regardless of their income levels or social standings.

At Dirigo (Boys) State, participants learn the rights, privileges and responsibilities of franchised citizens. The training centers on the structure of city, county and state governments. Students are elected to various offices. Activities include legislative sessions, court proceedings, law-enforcement presentations, assemblies, bands, and recreational programs. The two representatives elected to represent Maine at Boys Nation in Washington, of federal government.

The American Legion Oratorical Contest exists to develop deeper knowledge and appreciation for the U.S. Constitution among high school students. Since 1938, the program has presented participants with an academic speaking challenge that teaches important leadership qualities, the history of our nation's laws, the ability to think and speak clearly, and an understanding of the duties, responsibilities, rights and privileges of American citizenship.

All these programs help to train and shape our youth into outstanding citizens. Many will become our future leaders and many may become leaders in the American Legion.

I am asking all of you: Legionnaires, Legion Posts, and Districts to please contribute to this endowment fund. It will help so many for many years to come.

Any amount will help, but some have asked for specific amounts.

This is my hope for suggested donations:

Posts with Canteens: \$250

Posts without Canteens: \$100 Districts: \$200

Individuals: Whatever you believe you can contribute.

To donate online, please <u>CLICK HERE</u>, or visit http://www.mainelegion.org/pages/foundation/donate.php; click on the "DONATE TODAY" button and choose Fund 001 AL DOM Foundation – Endowment Fund and choose Donate with a Debit or Credit Card.

Checks should be made payable to American Legion Department of Maine Foundation and mailed to: American Legion Department of Maine Foundation, 5 Verti Drive Winslow, Maine 04901-0727. Please make sure to provide your name and address so that we may send you a tax receipt.

Thank you all. For God and Country.

Commander Deb Couture

2022 Digital Convention Yearbook Now Available Online!



IMPORTANT DATES IN MILITARY HISTORY

- 6/6 D-Day Invasion (1944)
- <u>6/12 Women's Armed Services Integration Act</u> (1948)
- 6/14 Flag Day US Army Established (1775)
- <u>6/22 Pledge of Allegiance Recognized by</u> Congress (1942)
- 6/22 GI Billed Signed Into Law (1944)
- 6/25 Korean War Began (1950)
- 6/30 Post 9/11 GI Bill Signed Into Law (2008)

MILITARY TRIVIA

Q• Why do sailors salute twice, when boarding a ship?

 $\sim \textit{Submitted by Dwayne Hatfield, Mars Hill Post 118}$





60's Vegas Glam Party

AMERICAN LEGION FAMILY MEMBER APPRECIATION BANQUET 2022 IS BACK

The theme for this year's banquet will be "Fly Me to the Moon", a Rat Pack, 60's Vegas Glam party.

What does that mean? It means we will be partying with Dean Martin, Frank Sinatra, and Sammy Davis, Jr. with music, photo props and more. What to wear? 1960's attire of course. Have fun with it!

We will honor our Auxiliary Unit Member of the Year as well as the Legionnaire of the Year. Past year's banquets have been a great success, so join again this year for an evening of fun and entertainment. This is not a long, drawn out evening with speakers. It will be fast-paced, entertaining and full of surprises.

There will be a LIMITED number of tickets sold to accommodate space. First come, first serve. No ticky no eaty.

FLY ME TO THE MOON RESERVATIONS

Date: Friday, June I0, 2022

Location: Jeff's Catering and Events Center

15 Littlefield Rd., Brewer

Social: 5:30 p.m. Cash Bar will be available.

Dinner: 6:30 p.m.

Menu: Italian Buffet (details to follow)

(GLUTEN FREE AVAILABLE)

Tickets: \$28.00 per person. DEADLINE FOR RESERVATIONS: June 3rd, 2022 NO tickets will be sold at Convention. (Everyone must buy their own, Department will not be paying for any tickets)

Make checks payable to "Maine ALA" earmarked "Convention Banquet" and mail to:

MAINE ALA, 5 Verti Drive, Suite B, Winslow, Maine 04901 by May 31, 2022.

Name(s):	
# of tickets:	# Gluten Free:
Amount enclosed: \$	

"Yes, there were times, I'm sure you knew. When I bit off more them I could chew. But through it all, when there was doubt I ate it up and spit it out. I faced it all, and I stood tall. And did it my way."





CALL SENATOR COLLINS AND ASK HER TO SUPPORT THE PACT ACT!

(202) 224-2523

The exposure of military personnel to toxic substances, both while deployed overseas or stationed at home has been an ongoing issue across a range of wars and generations. These exposures have resulted in conditions and illnesses among veterans which can have long-lasting effects on health and quality of life. The American Legion has fought an ongoing struggle for service-connected disability benefits for adverse health conditions linked to exposures from various toxic substances.

It took decades for VA to provide relief for veterans of Vietnam exposed to Agent Orange. The U.S. government still has yet to finish its work for Vietnam veterans, and we have begun the cycle anew with the current generation of service members. A disturbingly high percentage of current troops have been exposed to toxic hazards during their service. Yet, the VA has not conducted sufficient studies to determine illnesses and diseases related to various types of toxic chemicals, nor has it begun to develop a list of presumptive conditions.

We must break this cycle of care that is considered "too little, too late" for our veterans. They cannot wait decades to receive the care they need and rightfully deserve.

CALL SENATOR COLLINS AND ASK HER TO SUPPORT THE PACT ACT! (202) 224-2523

DIRIGO STATE PROGRAM



Thomas College, Waterville June 19-24, 2022 Cost per Student is \$400

2022 Dirigo State Applications Now Available!

For more information please visit:

www.mainelegion.org

or contact Jason Hall at 207-873-3229

E-mail: jason@mainelegion.org

CLICK HERE

For More Information

Or go to:

http://www.mainelegion.org/pages/programs/dirigo-state.php



Background

- > The American Legion is the nation's largest veterans service organization with more than 1.8 million members in more than 12,000 posts across the country and has its National Headquarters in Indianapolis, Indiana.
- The American Legion's mission is to enhance the well-being of America's veterans, their families, our military, and our communities by their devotion to mutual helpfulness.
- > Throughout its more than 100-year history, members of The American Legion have tackled the most important issues and challenges facing our nation's veterans with each generation focused on solving the challenges faced before the ones that preceded them.
- The American Legion is racing to the future. New Era. New Look. Same Mission.
 - New Era. As the military changes, so does The American Legion. Today's service members and veterans come from diverse communities, have had different experiences, and enjoy wide-ranging interests.
 - New Look. New logo is embodiment of where The Legion has been, where it is now and most importantly, where it is racing to in the future.
 - Same Mission. Continue to address the toughest challenges facing our nation's veterans and their families.
- Today, the #1 issue facing those who served is veteran suicide.
 - According to the National Veteran Suicide Prevention Annual Report.
 - 17 veterans still die by suicide each day, or more than 6,000 each year.
 - Rate of suicide for veterans is more than 50% higher than that of non-veteran adults.
- > The American Legion is activating a national platform to end veteran suicide.
- ➤ The Be the One campaign will:
 - Destignatize asking for mental health support, creating opportunity for those with mental health issues to speak freely and get the support they need.
 - Provide peer-to-peer support and resources in local communities.
 - Deploy FDA-approved therapeutics for veterans to identify issues and find resources for support.

What To Know

- 1. The stigma associated with mental health issues is a barrier to veterans seeking assistance. They fear loss of their job, think they can handle their situation themselves, or don't think others can understand their situation.
- 2. Family members may be the first to recognize the signs that their veteran needs help, but they may lack the knowledge of how to approach the situation.
- 3. There are several innovative programs either funded by the government or private nongovernmental organizations that help veterans in crisis, but they often lack funding or broad-based visibility.
- 4. Veteran service organizations, like The American Legion, provide a well-established peer support network that is ready, willing, and able to help in local communities.
- 5. The Legion is also willing to explore partnerships with other like-minded organizations where the opportunity exists to amplify and/or complements one another's strengths.

Messages

Public

The American Legion needs your help in ending veteran suicide.

Be the One to:

- Ask veterans in your life how they are doing.
- Listen when a veteran needs to talk.
- Reach out when a veteran is struggling.

Pledge to **Be the One** at betheone.org by signing up for email updates.

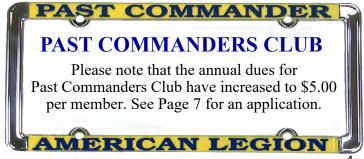
Veteran

Be the One to:

- Talk with others about how you are feeling.
- Ask for help when you know you need it.
- Know there are millions of people ready to help you.
- Remember your family and friend's care.

If you are a veteran in crisis:

- Call 1-800-273-8255 and Press 1
- https://www.veteranscrisisline.net/
- Know there are millions of people ready to help you.



COMPUTER 101 is a resource for those who wish to learn basic skills with the powerful technology of today's world. Increased proficiency with computers is good both personally and professionally.

Customize Your E-mail Message

Creating an email message in Outlook offers you the most options and configurations of any Outlook feature. No matter what type of message—business or personal—you're writing, you can always find a way to add your unique style

Signature

To insert a signature automatically:

- 1. On the **Message** tab, in the **Include** group, choose **Signature** > **Signatures**.
- 2. In the **Signatures and Stationery** dialog box, on the **E-mail Signature** tab, in the **Select signature to edit** list, choose the signature that you want. Or choose **New** to create a signature.
- 3. Under Choose default signature at the upperright corner of the dialog box, in the New messages list choose the signature that you want.
- 4. If you want to include a signature in messages that you reply to and in messages that you forward, in the **Replies/forwards** list, choose the signature. If you don't want a signature in these messages, choose **none**.
- 5. Choose OK.
- 6. To add the default signature to a current message, on the **Message** tab, in the **Include** group, choose **Signature**, and then choose the signature.

To insert a signature manually:

1. On the **Message** tab, in the **Include** group, choose **Signature**, and then choose the signature you want.

Change the Font

There are several ways you can change the font in your message.

- 1. On the **Message** tab, in the **Basic Text** group, you can choose the font, font size, font style (bold, italic, and underline), font color, and text highlighting.
- 2. On the **Format Text** tab, in the **Font** group, you can choose the font and font size, and increase or reduce the size by one increment. You also can change the font style (bold, italic, underline, strikethrough, subscript, superscript); change the case, the font color, and the text highlighting; and remove all font formatting.
- 3. On the mini toolbar that appears when you select text, you can choose the font, increase or reduce the size by one increment, choose a theme, use the Format Painter, choose the font style (bold, italic, and underline), and highlight text.

Add a background color, gradient, texture, pattern, or picture:

- 1. On the **Options** tab, in the **Themes** group, choose **Page Color**. Do one of the following:
- 2. Choose a color in the Theme Colors or Standard Colors palette.
- 3. Choose **More Colors** to get a more detailed palette.
- 4. Choose **No Color** to remove any color.
- 5. Choose **Fill Effects** to add a gradient, texture, pattern, or picture, and then choose the fill options that you want.

For more tips **CLICK HERE** or go to:

https://support.microsoft.com/en-us/office/customize-your-email-message-cfc102b7-43bf-408b-8a47-f0c09b086d01

~ microsoft

MEMBERSHIP IMPACT REPORTS

The American Legion's success depends entirely on active membership, participation and volunteerism. The following monthly reports located on: https://www.legion.org/membership/impact provide a summary of membership, participation and volunteerism making an impact in the lives of veterans, families and communities. American Legion Posts can share the many ways Legionnaires are making a difference in their communities by submitting consolidated post reports online. To visit the impact American Legion posts made throughout the year, visit:

https://www.legion.org/bythenumbers or https://www.legion.org/membership/impact.

MILITARY TRIVIA

A: One salute is to the captain, or officer of the watch & the other is towards the <u>taffrail</u>, the railing at the back of the ship from which the ship's flag is flying.



The tradition dates to the 1650's English Commonwealth Navy and had nothing to do with a flag. It was about religion. Ships of the period carried a large Christian cross

on the quarterdeck/taffrail and it was expected for those coming aboard to salute god. Over time, ships lost the cross, as such features just added weight to the ship and the religious angle lessened. However the act of saluting the Taffrail remained with the later Royal Navy and since the RN became the template for many other Navies, including the US Navy, that tradition likewise got passed on; even if the reason had long been forgotten.

Warrant Templates



All Positions



Available on-line at

MaineLegion.org or go to:

http://www.mainelegion.org/pages/formsapplications.php

The Department of Maine is Announcing the Dates for Maine Legion College 2022

egion College enhances knowledge and apprecia-Lion of The American Legion, classes teach the core values and contributions of the organization, its Auxiliary, Sons of The American Legion and other programs. Maine Legion College prepares Legionnaires for leadership positions in posts, districts, committees, and departments through education, development, and motivation. The curriculum challenges student leaders to think critically and creatively about issues confronting the Legion.

The 3-weekend commitment

AMERICAN is open to Legion members, and if space permits we include LEGION Riders, Sons, and Auxiliary Department of Maine College members.



Phase 2: July 23-24 Phase 3: September 24-25

To reserve your spot email: jason@mainelegion.org

Call Now - Space is Limited







TO WAIT?

SHOP NOW

American Legion Flag & Emblem 5745 Lee Rd.

Indianapolis, IN 46216 (888) 453-4466 emblem@legion.org





Click **HERE** for More Information or go to: www.legion.org/benefits





"Which will hold greater rule over you? Your fear or your curiosity?"

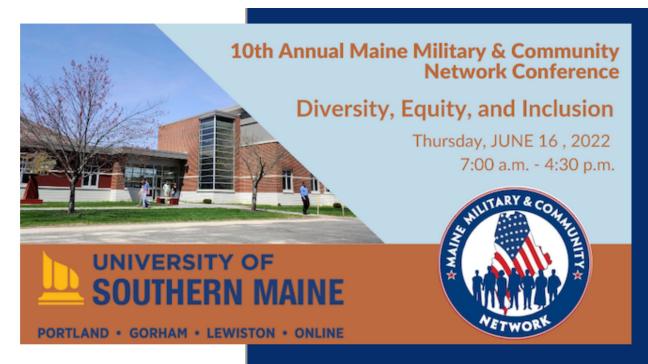
~ Wonder Woman

"It is a proud privilege to be a soldier – a good soldier [with] discipline, self-respect, pride in his unit and his country, a high sense of duty and obligation to comrades and to his superiors, and a self-confidence born of demonstrated ability." ~ George S. Patton Jr.

DONATIONS

THE AMERICAN LEGION DEPARTMENT OF MAINE

National Commander's Fund



JOIN US!

- Keynote Speakers
- Breakout Sessions
- Networking Opportunities
- Resources

OBJECTIVES:

- Engage civilian communities in the reintegrating of veterans and service members.
- Increase awareness among service members, veterans and providers of the issues and opportunities related to the well being of those who have served in the military.

10th Annual Maine Military & Community Network Conference

Diversity, Equity & Inclusion

Thursday, JUNE 16, 2022 7:00 a.m. - 4:00 p.m. IN PERSON USM Lewiston Campus \$50 Registration Fee \$25 Veteran Registration Fee

For More Information and To Register

Go To AdCareme.org



The American Legion, Department of Maine 2022 Annual State Convention Jeff's Catering & Event Center, Brewer June 10-11, 2022

The 2022 Annual State Convention of The American Legion, Department of Maine will be held at **Jeff's** Catering & Event Center, 15 Littlefield Way, Brewer, ME. 04412. Department Commander Debra Couture will call the convention to order promptly at noontime, Friday, June 10.

Please see attached Member/Guest Registration and Post Delegate/Alternate Registration form. All elected delegates and alternates are to fill out the Post Delegate and Alternate form. If you are not a Delegate/Alternate, please fill out the Member/Guest Registration form. YOUR NAME SHOULD ONLY APPEAR ON ONE FORM. FEE PER PERSON IS \$10.

Please note: All award recipient family members do not have to register to attend State Convention.

Member/Guest Registration

If you are planning to attend the convention this year, all members, and/or guests are required to pay a registration fee of \$10. The registration fee covers both sessions to be held June 10-11. Each member and/or guest will receive a name tag upon arrival. Please fill out the Member/Guest Registration Form below and mail form along with a check made payable to The American Legion, Department of Maine earmarked "Member/Guest Registration" to The American Legion, Department of Maine, 5 Verti Drive, Winslow, Maine 04901-0727 by June 1, 2022.

*Forms are also available by visiting http://www.mainelegion.org/pages/formsapplications.php

MEMBER/GUEST REGISTRATION FORM \$10.00/person						
FIRST NAM	ME	LAST NAME	MEMBER (✓)	GUEST (✓)	POST NO.	
1.						
2.						
3.						
4.						
5.						
6.						
7.						
8.						
9.						
10.						
Please mail Member/Guest Registration Form and check payable to The American Legion, Department of Maine earmarked "Member/Guest Registration" to: The American Legion, Department of Maine 5 Verti Drive, Winslow, Maine 04901-0727 by June 1.						

THE AMERICAN LEGION DEPARTMENT OF MAINE

POST DELEGATES AND ALTERNATES TO THE 2022 STATE CONVENTION

Following are the elected delegates and alternates for this Post to the 103^{RD} Annual State Convention of The Maine American Legion to be held at the Jeff's Catering & Event Center, Brewer on June 10-11, 2022. Election of delegates has been in accordance to the Call to State Convention. This year all Delegates and Alternates are required to pay a registration fee of \$10. This \$10 fee will also cover both sessions to be held June 10-11. PLEASE DO NOT FILL OUT THE MEMBER/GUEST REGISTRATION FORM IF YOU ARE AN ELECTED DELEGATE OR ALTERNATE. This form must be mailed to the Department Adjutant's office by June 1, 2022. The 1976 State Convention mandated that all delegates MUST register prior to voting. Evidence of registration will be requested by the credentials committee.

2:	Post Adjutant's Signature	Post Commander's Signature	
	<u>DELEGATES</u>	ALTERNATES	
1		1	
2		2	
3		3	
4		4	
5		5	
6		6	
7		7	
8		8	
9		9	
10		10	
11		11	
12		12	
DELEGATES-AT Area Commanders	Γ-LARGE: (Department (Officers, Past Department Commanders, District Commanders	and
1			
2			
3			
alternate MUST be	e paid by sending a check p	2022 at 8:00 a.m. Registration fee of \$10 for each delegate ayable to The American Legion, 5 Verti Drive, Winslow, MaLEGATES MUST BE PRE-REGISTERED .	
NAME OF POST			
LOCATION		POST NO.	
No. of delegates allowed	(Office Use Only)		

DEPARTMENT OF MAINE THE AMERICAN LEGION

ENTITLEMENT TO DELEGATES AND ALTERNATES

MEMBERSHIP:	NUMBER DELEGATES-ALTERNATES:		
UNDER 15	None	(0) Delegates	
15 to 100	Two	(2)	
101 to 200	Three	(3)	
201 to 300	Four	(4)	
301 to 400	Five	(5)	
401 to 500	Six	(6)	
501 to 600	Seven	(7)	
601 to 700	Eight	(8)	
701 to 800	Nine	(9)	
801 to 900	Ten	(10)	
901 to 1,000	Eleven	(11)	
1,001 to 1,100	Twelve	(12)	
1,101 to 1,200	Thirteen	(13)	
1,201 to 1,300	Fourteen	(14)	
1,301 to 1,400	Fifteen	(15)	
1,401 to 1,500	Sixteen	(16)	
1,501 to 1,600	Seventeen	(17)	
1,601 to 1,700	Eighteen	(18)	
1,701 to 1,800	Nineteen	(19)	
1,801 to 1,900	Twenty	(20)	
1,901 to 2,000	Twenty-one	(21)	
2,001 to 2,100	Twenty-two	(22)	



DEPARTMENT OF MAINE THE AMERICAN LEGION

PAST COMMANDERS CLUB

It is with great pride and pleasure that we the membership of Post #____submit the names of all our living Past Commanders for membership to the Past Commanders Club. Along with the names, we have enclosed the annual dues of \$5.00 per member with the understanding that this will continue to provide two (2) \$500.00 scholarships. The recipient must be the son/daughter, grandson/granddaughter of a member of The American Legion. Membership in the Past Commanders Club goes from January 1 to December 31 of each year. Post Adjutant PLEASE PRINT OR TYPE 3. 15. Use back side if additional space is required.

The American Legion, Dept. of Maine 5 Verti Drive PAST COMMANDERS CLUB Winslow, Maine 04901-0727

SUBMIT TO:

Past Commanders Club form is also available in fillable format by visiting www.mainelegion.org/pages/formsapplications.php

MAKE CHECKS PAYABLE TO: